

THE BOOK OF  
DIVINE WORSHIP

THE BOOK OF DIVINE WORSHIP  
IS DEDICATED TO HIS HOLINESS, POPE JOHN PAUL II,  
ON THE OCCASION OF THE SILVER JUBILEE  
OF HIS ACCESSION TO THE CHAIR OF SAINT PETER,  
WITH FILIAL GRATITUDE FOR HIS FATHERLY SOLICITUDE,  
WHICH MADE POSSIBLE OUR UNION WITH HIM AND HIS SUCCESSORS.

MAY OUR CORPORATE REUNION SERVE AS A BRIDGE BETWEEN  
THE ANGLICAN COMMUNION AND THE APOSTOLIC SEE OF ROME,  
RECONCILING ALL THE SPIRITUAL CHILDREN  
OF SAINT AUGUSTINE OF CANTERBURY.

# THE BOOK OF DIVINE WORSHIP

BEING ELEMENTS OF THE BOOK OF COMMON PRAYER  
REVISED AND ADAPTED ACCORDING TO THE  
ROMAN RITE FOR USE  
BY ROMAN CATHOLICS COMING FROM THE  
ANGLICAN TRADITION

APPROVED BY THE NATIONAL CONFERENCE OF CATHOLIC BISHOPS  
OF THE UNITED STATES OF AMERICA  
AND CONFIRMED BY THE APOSTOLIC SEE



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Reverend Monsignor James P. Moroney  
Committee on the Liturgy  
United States Conference of Catholic Bishops  
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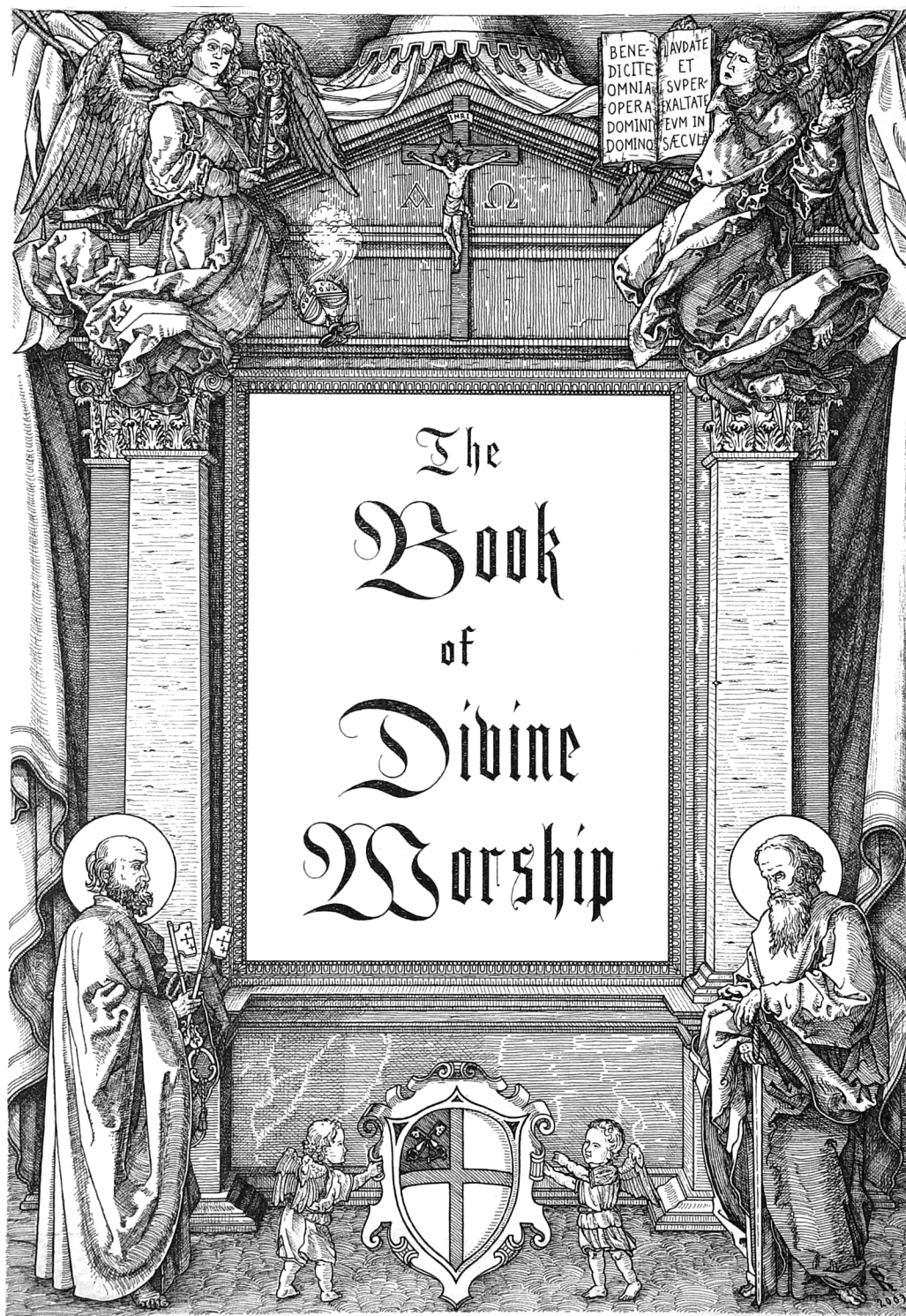
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# THE CALENDAR OF THE CHURCH YEAR

PARTICULAR CALENDAR USED BY  
ROMAN CATHOLICS OF THE ANGLICAN TRADITION  
IN THE DIOCESES  
OF THE UNITED STATES OF AMERICA

## January

1. Octave of Christmas, <b>Mary, Mother of God</b>	Solemnity
2. Basil the Great and Gregory Nazianzen, Bishops and Doctors	Memorial
3. <i>The Most Holy Name of Jesus</i>	
4. Elizabeth Ann Seton, Religious	Memorial
5. John Neumann, Bishop	Memorial
6. <i>Blessed André Bessette, Religious</i>	1
7. <i>Raymond of Penyafort, Priest</i>	
8.	
9.	
10.	
11.	
12. Benedict Biscop, Abbot	Memorial
13. <i>Hilary, Bishop and Doctor</i>	
14.	
15.	
16.	
17. Anthony, Abbot	Memorial
18.	
19.	
20. <i>Fabian, Pope and Martyr</i> <i>Sebastian, Martyr</i>	
21. Agnes, Virgin and Martyr	Memorial
22. <i>Vincent, Deacon and Martyr</i>	
23.	
24. Francis de Sales, Bishop and Doctor	Memorial
25. <b>Conversion of Paul, Apostle</b>	Feast
26. Timothy and Titus, Bishops	Memorial
27. <i>Angela Merici, Virgin</i>	
28. Thomas Aquinas, Priest and Doctor	Memorial
29.	
30.	
31. John Bosco, Priest	Memorial
Sunday after January 6: <b>Baptism of Our Lord</b>	Feast
Sunday between Jan. 2 and 8: <b>Epiphany of the Lord</b>	Solemnity

## February

- 1.
2. **Presentation of the Lord** Feast
3. *Blase, Bishop and Martyr*  
*Ansgar, Bishop*
- 4.
5. Agatha, Virgin and Martyr Memorial
6. Paul Miki and Companions, Martyrs Memorial
- 7.
8. *Jerome Emiliani, Priest*  
*Josephine Bakhita, Virgin*
- 9.
10. Scholastica, Virgin Memorial
11. *Our Lady of Lourdes*
- 12.
- 13.
14. Cyril, Monk, and Methodius, Bishop Memorial
- 15.
- 16..
17. *Seven Founders of the Order of Servites*
- 18.
- 19.
- 20.
21. *Peter Damian, Bishop and Doctor*
22. **Chair of Peter, Apostle** Feast
23. Polycarp, Bishop and Martyr Memorial
- 24.
- 25.
- 26.
- 27.
- 28.
- [29.]

## March

1. David of Wales, Bishop	Memorial
2.	
3. <i>Katharine Drexel, Virgin</i>	
4. <i>Casimir</i>	
5.	
6.	
7. Perpetua and Felicity, Martyrs	Memorial
8. <i>John of God, Religious</i>	
9. <i>Frances of Rome, Religious</i>	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17. <i>Patrick, Bishop</i>	
18. <i>Cyril of Jerusalem, Bishop and Doctor</i>	
19. <b>Joseph, Spouse of the Blessed Virgin Mary</b>	Solemnity
20. <i>Cuthbert, Bishop</i>	
21.	
22.	
23. <i>Turibius de Mogrovejo, Bishop</i>	
24.	
25. <b>Annunciation of Our Lord Jesus Christ</b>	Solemnity
26.	
27.	
28.	
29.	
30.	
31.	

## April

- 1.
2. *Francis of Paola, Hermit*
- 3.
4. *Isidore, Bishop and Doctor*
5. *Vincent Ferrer, Priest*
- 6.
7. Jean Baptist de la Salle, Priest Memorial
- 8.
- 9.
- 10.
11. *Stanislaus, Bishop and Martyr*
- 12.
13. *Martin I, Pope and Martyr*
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
21. *Anselm, Bishop and Doctor*
- 22.
23. *Adalbert, Bishop and Martyr*  
*George, Martyr*
24. *Fidelis of Sigmaringen, Priest and Martyr*
25. Mark, Evangelist Feast
- 26.
- 27.
28. *Peter Chanel, Priest and Martyr*  
*Louis Mary de Montfort, Priest*
29. Catherine of Siena, Virgin and Doctor Memorial
30. *Pius V, Pope*

## May

1. <i>Joseph the Worker</i>	
2. Athanasius, Bishop and Doctor	Memorial
3. <b>Philip and James, Apostles</b>	Feast
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12. <i>Nereus and Achilleus, Martyrs;</i> <i>Pancras, Martyr</i>	
13. <i>Our Lady of Fatima</i>	
14. <b>Matthias, Apostle</b>	Feast
15. <i>Isidore the Farmer</i>	
16.	
17.	
18. <i>John I, Pope and Martyr</i>	
19. Dunstan, Ethelwold and Oswald, Bishops	Memorial
20. <i>Bernardine of Siena, Priest</i>	
21. <i>Christopher Magallanes, Priest and Martyr, and Companions, Martyrs</i>	
22. <i>Rita of Cascia, Religious</i>	
23.	
24.	
25. <i>Venerable Bede, Priest and Doctor;</i> <i>Gregory VII, Pope</i> <i>Mary Magdalene dei Pazzi, Virgin</i>	
26. Philip Neri, Priest	Memorial
27. Augustine of Canterbury, Bishop	Memorial
28.	
29.	
30.	
31. <b>The Visitation of the Blessed Virgin Mary</b>	Feast
First Sunday after Pentecost: <b>The Most Holy Trinity</b>	Solemnity
Sunday after Holy Trinity: <b>Body and Blood of Christ</b>	Solemnity

## June

1. Justin, Martyr	Memorial
2. <i>Marcellinus and Peter, Martyrs</i>	
3. Charles Lwanga and Companions, Martyrs	Memorial
4.	
5. Boniface, Bishop and Martyr	Memorial
6. <i>Norbert, Bishop</i>	
7.	
8.	
9. <i>Columba of Iona, Abbot; Ephrem, Deacon and Doctor</i>	
10.	
11. Barnabas, Apostle	Memorial
12.	
13. Anthony of Padua, Priest and Doctor	Memorial
14.	
15.	
16.	
17.	
18.	
19. <i>Romuald, Abbot</i>	
20. Alban, Protomartyr of England	Memorial
21. Aloysius Gonzaga, Religious	Memorial
22. <i>Paulinus of Nola, Bishop John Fisher, Bishop and Martyr, and Thomas More, Martyr</i>	
23. Hilda, Etheldreda, Mildred and All Holy Nuns	Memorial
24. Nativity of John the Baptist	Solemnity
25.	
26.	
27. <i>Cyril of Alexandria, Bishop and Doctor</i>	
28. Irenaeus, Bishop and Martyr	Memorial
29. Peter and Paul, Apostles	Solemnity
30. <i>First Martyrs of the Church of Rome</i>	
Friday following Second Sunday after Pentecost: The Sacred Heart of Jesus	Solemnity
Saturday following Second Sunday after Pentecost: Immaculate Heart of Mary	

## July

1. *Blessed Junipero Serra, Priest*
- 2.
3. **Thomas, Apostle** Feast
4. *Elizabeth of Portugal*  
Independence Day (USA)
5. *Anthony Zaccaria, Priest*
6. *Maria Goretti, Virgin and Martyr*
- 7.
- 8.
9. *Augustine Zhao Rong, Priest and Martyr, and Companions, Martyrs*
- 10.
11. **Benedict, Abbot** Memorial
- 12.
13. *Henry, Confessor*
14. **Blessed Kateri Tekakwitha, Virgin** Memorial  
*Camillus de Lellis, Priest*
15. **Bonaventure, Bishop and Doctor** Memorial
16. *Our Lady of Mount Carmel*
- 17.
- 18.
- 19.
20. *Apollinaris, Bishop and Martyr*
21. *Lawrence of Brindisi, Priest and Doctor*
22. **Mary Magdalene** Memorial
23. *Bridget, Religious*
24. *Sharbel Makhluf, Priest*
25. **James, Apostle** Feast
26. **Joachim and Ann, Parents of the Blessed Virgin Mary** Memorial
- 27.
- 28.
29. **Martha** Memorial
30. *Peter Chrysologus, Bishop and Doctor*
31. **Ignatius of Loyola, Priest** Memorial

## August

- |   |           |
|---|-----------|
| 1. Alphonsus Liguori, Bishop and Doctor   | Memorial  |
| 2. <i>Peter Julian Eymard, Priest</i><br><i>Eusebius of Vercelli, Bishop</i>            |           |
| 3.  |           |
| 4. John Vianney, Priest   | Memorial  |
| 5. <i>Dedication of the Basilica of Saint Mary Major</i>                                |           |
| 6. <b>Transfiguration of Our Lord Jesus Christ</b>                                      | Feast     |
| 7. <i>Sixtus II, Pope and Martyr, and Companions, Martyrs</i><br><i>Cajetan, Priest</i> |           |
| 8. Dominic, Priest  | Memorial  |
| 9. <i>Teresa Benedicta of the Cross (Edith Stein), Virgin and Martyr</i>                |           |
| 10. <b>Lawrence, Deacon and Martyr</b>  | Feast     |
| 11. Clare, Virgin   | Memorial  |
| 12.   |           |
| 13. <i>Pontian, Pope and Martyr, and Hippolytus, Priest and Martyr</i>                  |           |
| 14. Maximilian Mary Kolbe, Priest and Martyr  | Memorial  |
| 15. <b>Assumption of the Blessed Virgin Mary</b>  | Solemnity |
| 16. <i>Stephen of Hungary</i>   |           |
| 17.   |           |
| 18. <i>Jane Frances de Chantal, Religious</i>   |           |
| 19. <i>John Eudes, Priest</i>   |           |
| 20. Bernard, Abbot and Doctor   | Memorial  |
| 21. Pius X, Pope  | Memorial  |
| 22. Queenship of Mary   | Memorial  |
| 23. <i>Rose of Lima, Virgin</i>   |           |
| 24. <b>Bartholomew, Apostle</b>   | Feast     |
| 25. <i>Louis</i><br><i>Joseph Calasanz, Priest</i>                                      |           |
| 26.   |           |
| 27. Monica  | Memorial  |
| 28. Augustine, Bishop and Doctor  | Memorial  |
| 29. Beheading of John the Baptist, Martyr   | Memorial  |
| 30.   |           |
| 31.   |           |

## September

1.		
2.		
3.	Gregory the Great, Pope and Doctor	Memorial
4.		
5.		
6.		
7.		
8.	Nativity of the Blessed Virgin Mary	Feast
9.	Peter Claver, Priest	Memorial
10.		
11.		
12.	<i>Most Holy Name of the Blessed Virgin Mary</i>	
13.	John Chrysostom, Bishop and Doctor	Memorial
14.	Exaltation of the Holy Cross	Feast
15.	Our Lady of Sorrows	
16.	Cornelius, Pope and Martyr <i>Cyprian, Bishop and Martyr</i>	Memorial
17.	<i>Robert Bellarmine, Bishop and Doctor</i>	
18.		
19.	<i>Januarius, Bishop and Martyr</i> <i>Theodore of Canterbury, Bishop</i> <i>Adrian, Abbot</i>	
20.	Andrew Kim Taegon, Priest and Martyr, and Paul Chong Hasang and Companions, Martyrs	Memorial
21.	Matthew, Apostle and Evangelist	Feast
22.		
23.	Pio of Pietrelcina (Padre Pio), Priest	Memorial
24.		
25.		
26.	<i>Cosmas and Damian, Martyrs</i>	
27.	Vincent de Paul, Priest	Memorial
28.	<i>Wenceslaus, Martyr</i> <i>Lawrence Ruiz, Martyr, and Companions, Martyrs</i>	
29.	Michael, Gabriel and Raphael, Archangels	Feast
30.	Jerome, Priest and Doctor	Memorial

## October

1. Thérèse of the Child Jesus, Virgin and Doctor	Memorial
2. Holy Guardian Angels	Memorial
3.	
4. Francis of Assisi	Memorial
5.	
6. <i>Bruno, Priest</i> <i>Blessed Marie Rose Durocher, Virgin</i>	
7. Our Lady of the Rosary	Memorial
8.	
9. <i>Denis, Bishop and Martyr, and Companions, Martyrs</i> <i>John Leonardi, Priest</i>	
10.	
11.	
12.	
13. Edward the Confessor	Memorial
14. <i>Callistus I, Pope and Martyr</i>	
15. Teresa of Ávila, Virgin and Doctor	Memorial
16. <i>Hedwig, Religious</i> <i>Margaret Mary Alacoque, Virgin</i>	
17. Ignatius of Antioch, Bishop and Martyr	Memorial
18. <b>Luke, Evangelist</b>	Feast
19. Isaac Jogues and Jean de Brebeuf, Priests and Martyrs, and Companions, Martyrs	Memorial
20. <i>Paul of the Cross, Priest</i>	
21.	
22.	
23. <i>John of Capistrano, Priest</i>	
24. <i>Anthony Claret, Bishop</i>	
25. Cuthbert Mayne, John Houghton, Edmund Campion, Richard Gynn and 36 Companions, Martyrs	Memorial
26.	
27.	
28. <b>Simon and Jude, Apostles</b>	Feast
29.	
30.	
31.	

## November

1. All Saints	Solemnity
2. All Souls	
3. <i>Martin de Porres, Religious</i>	
4. Charles Borromeo, Bishop	Memorial
5.	
6.	
7.	
8.	
9. Dedication of the Basilica of Saint John Lateran	Feast
10. Leo the Great, Pope and Doctor	Memorial
11. Martin of Tours, Bishop	Memorial
12. Josaphat, Bishop and Martyr	Memorial
13. Frances Xavier Cabrini, Religious	Memorial
14.	
15. <i>Albert the Great, Bishop and Doctor</i>	
16. <i>Margaret of Scotland</i> <i>Gertrude, Virgin</i>	
17. Elizabeth of Hungary, Religious	Memorial
18. <i>Dedication of the Basilicas of SS. Peter and Paul, Apostles</i> <i>Rose Philippine Duchesne, Virgin</i>	
19.	
20.	
21. Presentation of the Blessed Virgin Mary	Memorial
22. Cecilia, Virgin and Martyr	Memorial
23. <i>Clement I, Pope and Martyr</i> <i>Columban, Abbot</i> <i>Blessed Miguel Agustin Pro, Priest and Martyr</i>	
24. Andrew Dung-Lac, Priest and Martyr, and Companions, Martyrs	Memorial
25. <i>Catherine of Alexandria, Virgin and Martyr</i>	
26.	
27.	
28.	
29.	
30. Andrew, Apostle	Feast
Last Sunday of the Year: Christ the King	Solemnity
Fourth Thursday of November: Thanksgiving Day (USA)	

## December

- 1.
- 2.
3. Francis Xavier, Priest Memorial
4. *John Damascene, Priest and Doctor*
- 5.
6. *Nicholas, Bishop*
7. Ambrose, Bishop and Doctor Memorial
8. **Immaculate Conception of the Blessed Virgin Mary** Solemnity
9. *Juan Diego (Cuatitloatzin)*
- 10.
11. *Damasus I, Pope*
12. **Our Lady of Guadalupe** Feast
13. Lucy, Virgin and Martyr Memorial
14. John of the Cross, Priest and Doctor Memorial
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
21. *Peter Canisius, Priest and Doctor*
- 22.
23. *John of Kanty, Priest*
- 24.
25. **Nativity of Our Lord Jesus Christ** Solemnity
26. **Stephen, First Martyr** Feast
27. **John, Apostle and Evangelist** Feast
28. **Holy Innocents, Martyrs** Feast
29. *Thomas Becket, Bishop and Martyr*
- 30.
31. *Sylvester I, Pope*

Sunday within the Octave of Christmas or, if there is no Sunday  
within the Octave, December 30: **Holy Family of Jesus,  
Mary and Joseph** Feast



# DAILY OFFICE LECTIONARY

## *Concerning the Daily Office Lectionary*

The Daily Office Lectionary is arranged in a two-year cycle. Year One begins on the First Sunday of Advent preceding odd-numbered years, and Year Two begins on the First Sunday of Advent preceding even-numbered years. (Thus, on the First Sunday of Advent, 2004, the Lectionary for Year One is begun.)

Three Readings are provided for each Sunday and weekday in each of the two years. Two of the Readings may be used in the morning and one in the evening; or, if the Office is read only once in the day, all three Readings may be used. When the Office is read twice in the day, it is suggested that the Gospel Reading be used in the evening in Year One, and in the morning in Year Two. If two Readings are desired at both Offices, the Old Testament Reading for the alternate year is used as the First Reading at Evening Prayer.

When more than one Reading is used at an Office, the first is always from the Old Testament.

When a Solemnity or Feast interrupts the sequence of Readings, they may be re-ordered by lengthening, combining, or omitting some of them, to secure continuity or avoid repetition.

Any Reading may be lengthened at discretion. Suggested lengthenings are shown in parentheses.

In this Lectionary (except in the weeks from 4 Advent to 1 Epiphany, and Palm Sunday to 2 Easter), the Psalms are arranged in a seven-week pattern which recurs throughout the year, except for appropriate variations in Lent and Easter Season.

In the citation of the Psalms, those for the morning are given first, and then those for the evening. At the discretion of the officiant, however, any of the Psalms appointed for a given day may be used in the morning or in the evening. Likewise, Psalms appointed for any day may be used on any other day in the same week, except on major Holy Days.

Brackets and parentheses are used (brackets in the case of whole Psalms, parentheses in the case of verses) to indicate Psalms and verses of Psalms which may be omitted. In some instances, the entire portion of the Psalter assigned to a given Office has been bracketed, and alternative Psalmody provided. Those who desire to recite the Psalter

in its entirety should, in each instance, use the bracketed Psalms rather than the alternatives.

Antiphons drawn from the Psalms themselves, or from the opening sentences given in the Offices, or from other passages of Scripture, may be used with the Psalms and biblical Canticles. The antiphons may be sung or said at the beginning and end of each Psalm or Canticle, or may be used as refrains after each verse or group of verses.

On Special Occasions, the officiant may select suitable Psalms and Readings.













## YEAR ONE

### Epiphany and Following

<b>Epiphany</b> <sup>(1)</sup>	46, 97 Isa. 52:7–10	Rev. 21:22–27	96, 100 Matt. 12:14–21
<i>Monday</i> <sup>(2)</sup>	103 Isa. 52:3–6	Rev. 2:1–7	114, 115 John 2:1–11
<i>Tuesday</i> <sup>(2)</sup>	117, 118 Isa. 59:15–21	Rev. 2:8–17	112, 113 John 4:46–54
<i>Wednesday</i> <sup>(2)</sup>	121, 122, 123 Isa. 63:1–5	Rev. 2:18–29	131, 132 John 5:1–15
<i>Thursday</i> <sup>(2)</sup>	138, 139:1–17(18–23) Isa. 65:1–9	Rev. 3:1–6	147 John 6:1–14
<i>Friday</i> <sup>(2)</sup>	148, 150 Isa. 65:13–16	Rev. 3:7–13	91, 92 John 6:15–27
<i>Saturday</i> <sup>(2)</sup>	98, 99, [100] Isa. 66:1–2, 22–23	Rev. 3:14–22	————— John 9:1–12, 35–38
<b>Eve of 1 Epiphany</b>	————— Isa. 61:1–9	—————	104 Gal. 3:23–29; 4:4–7

### Week of 1 Epiphany

<b>Baptism of the Lord</b>	146, 147 Isa. 40:1–11	Heb. 1:1–12	111, 112, 113 John 1:1–7, 19–20, 29–34
<i>Monday</i>	1, 2, 3 Isa. 40:12–23	Eph. 1:1–14	4, 7 Mark 1:1–13
<i>Tuesday</i>	5, 6 Isa. 40:25–31	Eph. 1:15–23	10, 11 Mark 1:14–28
<i>Wednesday</i>	119:1–24 Isa. 41:1–16	Eph. 2:1–10	12, 13, 14 Mark 1:29–45
<i>Thursday</i>	18:1–20 Isa. 41:17–29	Eph. 2:11–22	18:21–50 Mark 2:1–12
<i>Friday</i>	16, 17 Isa. 42:(1–9), 10–17	Eph. 3:1–13	22 Mark 2:13–22
<i>Saturday</i>	20, 21:1–7(8–13) Isa. 43:1–13	Eph. 3:14–21	110:1–5(6–7), 116, 117 Mark 2:23–3:6

(1) In the U.S.A., Epiphany is assigned to the Sunday from January 2 to January 8.

(2) After Epiphany to the Baptism of the Lord.

## YEAR TWO

### Epiphany and Following

<b>Epiphany</b> <sup>(1)</sup>	46, 97 Isa. 49:1–7	Rev. 21:22–27	96, 100 Matt. 12:14–21
<i>Monday</i> <sup>(2)</sup>	103 Deut. 8:1–3	Col. 1:1–14	114, 115 John 6:30–33, 48–51
<i>Tuesday</i> <sup>(2)</sup>	117, 118 Exod. 17:1–7	Col. 1:15–23	112, 113 John 7:37–52
<i>Wednesday</i> <sup>(2)</sup>	121, 122, 123 Isa. 45:14–19	Col. 1:24–2:7	131, 132 John 8:12–19
<i>Thursday</i> <sup>(2)</sup>	38, 139:1–17(18–23) Jer. 23:1–8	Col. 2:8–23	147 John 10:7–17
<i>Friday</i> <sup>(2)</sup>	148, 150 Isa. 55:3–9	Col. 3:1–17	91, 92 John 14:6–14
<i>Saturday</i> <sup>(2)</sup>	98, 99, [100] Gen. 49:1–2, 8–12	Col. 3:18–4:6	————— John 15:1–16
<b>Eve of 1 Epiphany</b>	————— Isa. 61:1–9	—————	104 Gal. 3:23–29; 4:4–7

### Week of 1 Epiphany

<b>Baptism of the Lord</b>	146, 147 Gen. 1:1–2:3	Eph. 1:3–14	111, 112, 113 John 1:29–34
<i>Monday</i>	1, 2, 3 Gen. 2:4–9(10–15), 16–25	Heb. 1:1–14	4, 7 John 1:1–18
<i>Tuesday</i>	5, 6 Gen. 3:1–24	Heb. 2:1–10	10, 11 John 1:19–28
<i>Wednesday</i>	119:1–24 Gen. 4:1–16	Heb. 2:11–18	12, 13, 14 John 1:(29–34), 35–42
<i>Thursday</i>	18:1–20 Gen. 4:17–26	Heb. 3:1–11	18:21–50 John 1:43–51
<i>Friday</i>	16, 17 Gen. 6:1–8	Heb. 3:12–19	22 John 2:1–12
<i>Saturday</i>	20, 21:1–7(8–13) Gen. 6:9–22	Heb. 4:1–13	110:1–5(6–7), 116, 117 John 2:13–22

(1) In the U.S.A., Epiphany is assigned to the Sunday from January 2 to January 8.

(2) After Epiphany to the Baptism of the Lord.

































## YEAR ONE

### Week of 3 Easter

<i>Sunday</i>	148, 149, 150 Dan. 4:1–18	1 Pet. 4:7–11	114, 115 John 21:15–25
<i>Monday</i>	25 Dan. 4:19–27	1 John 3:19–4:6	9, 15 Luke 4:14–30
<i>Tuesday</i>	26, 28 Dan. 4:28–37	1 John 4:7–21	36, 39 Luke 4:31–37
<i>Wednesday</i>	38 Dan. 5:1–12	1 John 5:1–12	119:25–48 Luke 4:38–44
<i>Thursday</i>	37:1–18 Dan. 5:13–30	1 John 5:13–20(21)	37:19–42 Luke 5:1–11
<i>Friday</i>	105:1–22 Dan. 6:1–15	2 John 1–13	105:23–45 Luke 5:12–26
<i>Saturday</i>	30, 32 Dan. 6:16–28	3 John 1–15	42, 43 Luke 5:27–39

### Week of 4 Easter

<i>Sunday</i>	63:1–8(9–11), 98 Wis. 1:1–15	1 Pet. 5:1–11	103 Matt. 7:15–29
<i>Monday</i>	41, 52 Wis. 1:16— 2:11, 21–24	Col. 1:1–14	44 Luke 6:1–11
<i>Tuesday</i>	45 Wis. 3:1–9	Col. 1:15–23	47, 48 Luke 6:12–26
<i>Wednesday</i>	119:49–72 Wis. 4:16—5:8	Col. 1:24–2:7	49, [53] Luke 6:27–38
<i>Thursday</i>	50 Wis. 5:9–23	Col. 2:8–23	[59, 60] or 114, 115 Luke 6:39–49
<i>Friday</i>	40, 54 Wis. 6:12–23	Col. 3:1–11	51 Luke 7:1–17
<i>Saturday</i>	55 Wis. 7:1–14	Col. 3:12–17	138, 139:1–17(18–23) Luke 7:18–28(29–30), 31–35























## YEAR ONE

### **Proper 5** *Week of the Sunday closest to June 8*

<i>Sunday</i>	24, 29 Deut. 29:16–29	Rev. 12:1–12	8, 84 Matt. 15:29–39
<i>Monday</i>	56, 57, [58] Deut. 30:1–10	2 Cor. 10:1–18	64, 65 Luke 18:31–43
<i>Tuesday</i>	61, 62 Deut. 30:11–20	2 Cor. 11:1–21a	68:1–20(21–23), 24–36 Luke 19:1–10
<i>Wednesday</i>	72 Deut. 31:30—32:14	2 Cor. 11:21b–33	119:73–96 Luke 19:11–27
<i>Thursday</i>	[70], 71 Ecclus. 44:19—45:5	2 Cor. 12:1–10	74 Luke 19:28–40
<i>Friday</i>	69:1–23(24–30), 31–38 Ecclus. 45:6–16	2 Cor. 12:11–21	73 Luke 19:41–48
<i>Saturday</i>	75, 76 Ecclus. 46:1–10	2 Cor. 13:1–14	23, 27 Luke 20:1–8

### **Proper 6** *Week of the Sunday closest to June 15*

<i>Sunday</i>	93, 96 Ecclus. 46:11–20	Rev. 15:1–8	34 Matt. 18:1–14
<i>Monday</i>	80 1 Sam. 1:1–20	Acts 1:1–14	77, [79] Luke 20:9–19
<i>Tuesday</i>	78:1–39 1 Sam. 1:21—2:11	Acts 1:15–26	78:40–72 Luke 20:19–26
<i>Wednesday</i>	119:97–120 1 Sam. 2:12–26	Acts 2:1–21	81, 82 Luke 20:27–40
<i>Thursday</i>	[83] or 34 1 Sam. 2:27–36	Acts 2:22–36	85, 86 Luke 20:41—21:4
<i>Friday</i>	88 1 Sam. 3:1–21	Acts 2:37–47	91, 92 Luke 21:5–19
<i>Saturday</i>	87, 90 1 Sam. 4:1b–11	Acts 4:32—5:11	136 Luke 21:20–28



## YEAR ONE

### **Proper 7** *Week of the Sunday closest to June 22*

<i>Sunday</i>	66, 67 1 Sam. 4:12–22	James 1:1–18	29, 46 Matt. 19:23–30
<i>Monday</i>	89:1–18 1 Sam. 5:1–12	Acts 5:12–26	89:19–52 Luke 21:29–36
<i>Tuesday</i>	97, 99, [100] 1 Sam. 6:1–16	Acts 5:27–42	94, [95] Luke 21:37–22:13
<i>Wednesday</i>	101, 109:1–4(5–19), 20–30 1 Sam. 7:2–17	Acts 6:1–15	119:121–144 Luke 22:14–23
<i>Thursday</i>	105:1–22 1 Sam. 8:1–22	Acts 6:15–7:16	105:23–45 Luke 22:24–30
<i>Friday</i>	102 1 Sam. 9:1–14	Acts 7:17–29	107:1–32 Luke 22:31–38
<i>Saturday</i>	107:33–43, 108:1–6(7–13) 1 Sam. 9:15–10:1	Acts 7:30–43	33 Luke 22:39–51

### **Proper 8** *Week of the Sunday closest to June 29*

<i>Sunday</i>	118 1 Sam. 10:1–16	Rom. 4:13–25	145 Matt. 21:23–32
<i>Monday</i>	106:1–18 1 Sam. 10:17–27	Acts 7:44–8:1a	106:19–48 Luke 22:52–62
<i>Tuesday</i>	[120], 121, 122, 123 1 Sam. 11:1–15	Acts 8:1–13	124, 125, 126, [127] Luke 22:63–71
<i>Wednesday</i>	119:145–176 1 Sam. 12:1–6, 16–25	Acts 8:14–25	128, 129, 130 Luke 23:1–12
<i>Thursday</i>	131, 132, [133] 1 Sam. 13:5–18	Acts 8:26–40	134, 135 Luke 23:13–25
<i>Friday</i>	140, 142 1 Sam. 13:19–14:15	Acts 9:1–9	141, 143:1–11(12) Luke 23:26–31
<i>Saturday</i>	137:1–6(7–9), 144 1 Sam. 14:16–30	Acts 9:10–19a	104 Luke 23:32–43

## YEAR TWO

### **Proper 7** *Week of the Sunday closest to June 22*

<i>Sunday</i>	66, 67 Num. 14:26–45	Acts 15:1–12	29, 46 Luke 12:49–56
<i>Monday</i>	89:1–18 Num. 16:1–19	Rom. 3:21–31	89:19–52 Matt. 19:13–22
<i>Tuesday</i>	97, 99, [100] Num. 16:20–35	Rom. 4:1–12	94, [95] Matt. 19:23–30
<i>Wednesday</i>	101, 109: 1–4(5–19), 20–30 Num. 16: 36–50	Rom. 4:13–25	119: 121–144 Matt. 20:1–16
<i>Thursday</i>	105:1–22 Num. 17:1–11	Rom. 5:1–11	105:23–45 Matt. 20:17–28
<i>Friday</i>	102 Num. 20:1–13	Rom. 5:12–21	107:1–32 Matt. 20:29–34
<i>Saturday</i>	107:33–43, 108:1–6(7–13) Num. 20:14–29	Rom. 6:1–11	33 Matt. 21:1–11

### **Proper 8** *Week of the Sunday closest to June 29*

<i>Sunday</i>	118 Num. 21:4–9, 21–35	Acts 17:(12–21), 22–34	145 Luke 13:10–17
<i>Monday</i>	106:1–18 Num. 22:1–21	Rom. 6:12–23	106:19–48 Matt. 21:12–22
<i>Tuesday</i>	[120], 121, 122, 123 Num. 22:21–38	Rom. 7:1–12	124, 125, 126, [127] Matt. 21:23–32
<i>Wednesday</i>	119:145–176 Num. 22:41—23:12	Rom. 7:13–25	128, 129, 130 Matt. 21:33–46
<i>Thursday</i>	131, 132, [133] Num. 23:11–26	Rom. 8:1–11	134, 135 Matt. 22:1–14
<i>Friday</i>	140, 142 Num. 24:1–13	Rom. 8:12–17	141, 143:1–11(12) Matt. 22:15–22
<i>Saturday</i>	137:1–6(7–9), 144 Num. 24:12–25	Rom. 8:18–25	104 Matt. 22:23–40

































































## **Easter Season, Including Ascension Day and the Day of Pentecost**

Alleluia! Christ is risen. The Lord is risen indeed. Alleluia! This is the day which the Lord hath made; we will rejoice and be glad in it. *Psalms 118:24*

Thanks be to God, which giveth us the victory through our Lord Jesus Christ. *1 Corinthians 15:57*

If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

*Colossians 3:1*

Christ is not entered into the holy places made with hands, which are the figures of the true; but into heaven itself, now to appear in the presence of God for us. *Hebrews 9:24*

Ye shall receive power, after that the Holy Ghost is come upon you; and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth. *Acts 1:8*

## **Trinity Sunday**

Holy, holy, holy, Lord God Almighty, which was, and is, and is to come. *Revelation 4:8*

## **All Saints' Day and Other Major Saints Days**

We give thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light. *Colossians 1:12*

Ye are no more strangers and foreigners, but fellow-citizens with the saints and of the household of God. *Ephesians 2:19*

Their sound is gone out into all lands; and their words into the ends of the world. *Psalms 19:4*

## Occasions of Thanksgiving

O give thanks unto the Lord, and call upon his Name; tell the people what things he hath done. *Psalms 105:1*

## At Any Time

Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ. *Philippians 1:2*

I was glad when they said unto me, We will go into the house of the Lord. *Psalms 122:1*

Let the words of my mouth, and the meditation of my heart, be alway acceptable in thy sight, O Lord, my strength and my redeemer. *Psalms 19:14*

O send out thy light and thy truth, that they may lead me, and bring me unto thy holy hill, and to thy dwelling. *Psalms 43:3*

The Lord is in his holy temple; let all the earth keep silence before him. *Habakkuk 2:20*

The hour cometh, and now is, when the true worshipers shall worship the Father in spirit and in truth; for the Father seeketh such to worship him. *John 4:23*

Thus saith the high and lofty One that inhabiteth eternity, whose name is Holy, I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones. *Isaiah 57:15*

*The following Penitential Rite may then be said; or the Office may continue at once with "O Lord, open thou our lips" (p. 101).*

## Penitential Rite

*The Officiant says to the people*

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

*Or this:*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Officiant and People together, all kneeling:*

Almighty and most merciful Father,  
we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires  
of our own hearts,  
we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
and we have done those things which we ought not  
to have done.

But thou, O Lord, have mercy upon us,  
spare thou those who confess their faults,  
restore thou those who are penitent,  
according to thy promises declared unto mankind  
in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous,  
and sober life, to the glory of thy holy Name. Amen.

*The Officiant says:*

May the Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

## **The Invitatory and Psalter**

*All stand.*

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People:*

Glory be to the Father, and to the Son, and to the Holy Ghost:  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Except in Lent, "Alleluia" is added.*

*Then follows one of the Invitatory Psalms, "Venite" or "Jubilate."*

*One of the following Antiphons may be sung or said with the Invitatory Psalm.*

### **In Advent**

Our King and Savior draweth nigh:  
O come, let us adore him.

### **From Christmas until the Epiphany**

Alleluia. Unto us a child is born:  
O come, let us adore him. Alleluia.

### **From the Epiphany through the Baptism of Christ, and on the Feasts of the Transfiguration and Holy Cross**

The Lord hath manifested forth his glory:  
O come, let us adore him.

**In Lent**

The Lord is full of compassion and mercy:  
O come, let us adore him.

**From Easter Day until the Ascension**

Alleluia. The Lord is risen indeed:  
O come, let us adore him.  
Alleluia.

**From Ascension Day until the Day of Pentecost**

Alleluia. Christ the Lord ascendeth into heaven:  
O come, let us adore him. Alleluia.

**On the Day of Pentecost**

Alleluia. The Spirit of the Lord filleth the world:  
O come, let us adore him. Alleluia.

**On Trinity Sunday**

Father, Son, and Holy Ghost, one God:  
O come, let us adore him.

**On other Sundays and Weekdays**

The earth is the Lord's for he made it:  
O come, let us adore him.

*Or this:*

Worship the Lord in the beauty of holiness:  
O come, let us adore him.

*Or this:*

The mercy of the Lord is everlasting:  
O come, let us adore him.

*The Alleluias in the following Antiphons are used only in Easter Season.*

### **On Feasts of the Incarnation**

[Alleluia.] The Word was made flesh and dwelt among us:  
O come, let us adore him. [Alleluia.]

### **On All Saints and other Major Saints' Days**

[Alleluia.] The Lord is glorious in his saints:  
O come, let us adore him. [Alleluia.]

## **Venite (1)**

*Psalm 95:1-7; 96:9, 13*

O come, let us sing unto the Lord; \*  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving, \*  
and show ourselves glad in him with psalms.

For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are all the corners of the earth, \*  
and the strength of the hills is his also.  
The sea is his and he made it, \*  
and his hands prepared the dry land.

O come, let us worship and fall down \*  
and kneel before the Lord our Maker.  
For he is the Lord our God, \*  
and we are the people of his pasture  
and the sheep of his hand.

O worship the Lord in the beauty of holiness; \*  
let the whole earth stand in awe of him.  
For he cometh, for he cometh to judge the earth, \*  
and with righteousness to judge the world  
and the peoples with his truth.

## Venite (2)

*Psalm 95*

O come, let us sing unto the Lord; \*  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving, \*  
and show ourselves glad in him with psalms.

For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are all the corners of the earth, \*  
and the strength of the hills is his also.  
The sea is his and he made it, \*  
and his hands prepared the dry land.

O come, let us worship and fall down \*  
and kneel before the Lord our Maker.  
For he is the Lord our God, \*  
and we are the people of his pasture  
and the sheep of his hand.

Today if ye will hear his voice, harden not your hearts \*  
as in the provocation,  
and as in the day of temptation in the wilderness;  
When your fathers tempted me \*  
proved me, and saw my works.

Forty years long was I grieved with this generation, and said, \*  
It is a people that do err in their hearts,  
for they have not known my ways;  
Unto whom I swear in my wrath, \*  
that they should not enter into my rest.

## **Jubilate**

*Psalm 100*

O be joyful in the Lord all ye lands; \*  
serve the Lord with gladness  
and come before his presence with a song.

Be ye sure that the Lord he is God;  
it is he that hath made us and not we ourselves; \*  
we are his people and the sheep of his pasture.

O go your way into his gates with thanksgiving  
and into his courts with praise; \*  
be thankful unto him and speak good of his Name.

For the Lord is gracious;  
his mercy is everlasting; \*  
and his truth endureth from generation to generation.

*In Easter Week, in place of an Invitatory Psalm, the following is sung or said. It may also be used daily until the Day of Pentecost.*

## **Christ Our Passover** *Pascha nostrum*

*1 Corinthians 5:7–8; Romans 6:9–11; 1 Corinthians 15:20–22*

Alleluia.

Christ our Passover is sacrificed for us, \*  
therefore let us keep the feast,  
Not with old leaven,  
neither with the leaven of malice and wickedness, \*  
but with the unleavened bread of sincerity and truth.  
Alleluia.

Christ being raised from the dead dieth no more; \*  
death hath no more dominion over him.  
For in that he died, he died unto sin once; \*  
but in that he liveth, he liveth unto God.  
Likewise reckon ye also yourselves to be dead indeed unto sin, \*  
but alive unto God through Jesus Christ our Lord.  
Alleluia.

Christ is risen from the dead, \*  
and become the first fruits of them that slept.  
For since by man came death, \*  
by man came also the resurrection of the dead.  
For as in Adam all die, \*  
even so in Christ shall all be made alive. Alleluia.

*Then follows:*

## **The Psalm or Psalms Appointed**

*At the end of the Psalms is sung or said:*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever.  
Amen.

*Or this:*

Glory be to the Father, and to the Son, \*  
and to the Holy Ghost:  
As it was in the beginning, is now, and ever shall be, \*  
world without end. Amen.

## **The Lessons**

*One or two Lessons, as appointed, are read, the Reader first saying:*

A Reading (Lesson) from \_\_\_\_\_.

*A citation giving chapter and verse may be added.*

*After each Lesson the Reader may say*

**The Word of the Lord.**

*Answer*      **Thanks be to God.**

*Or the Reader may say:*

**Here endeth the Lesson (Reading).**

*Silence may be kept after each Reading. One of the following Canticles, or one of those on pages 131–142 (Canticles 8–21), is sung or said after each Reading. If three Lessons are used, the Lesson from the Gospel is read after the second Canticle.*

## **1 A Song of Creation**    *Benedicite, omnia opera Domini*

*Song of the Three Young Men, 35–65*

*This Canticle may be shortened by omitting section II or III.*

### **I. Invocation**

O all ye works of the Lord, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye angels of the Lord, bless ye the Lord; \*  
praise him and magnify him for ever.

### **II. The Cosmic Order**

O ye heavens, bless ye the Lord; \*  
O ye waters that be above the firmament, bless ye the Lord;  
O all ye powers of the Lord, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye sun and moon, bless ye the Lord; \*  
O ye stars of heaven, bless ye the Lord;  
O ye showers and dew, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye winds of God, bless ye the Lord; \*  
O ye fire and heat, bless ye the Lord;  
O ye winter and summer, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye dews and frosts, bless ye the Lord; \*  
O ye frost and cold, bless ye the Lord;  
O ye ice and snow, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye nights and days, bless ye the Lord; \*  
O ye light and darkness, bless ye the Lord;  
O ye lightnings and clouds, bless ye the Lord; \*  
praise him and magnify him for ever.

### **III. The Earth and Its Creatures**

O let the earth bless the Lord; \*

O ye mountains and hills, bless ye the Lord;

O all ye green things upon the earth, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye wells, bless ye the Lord; \*

O ye seas and floods, bless ye the Lord;

O ye whales and all that move in the waters, bless ye the Lord; \*  
praise him and magnify him for ever.

O all ye fowls of the air, bless ye the Lord; \*

O all ye beasts and cattle, bless ye the Lord;

O ye children of men, bless ye the Lord; \*  
praise him and magnify him for ever.

### **IV. The People of God**

O ye people of God, bless ye the Lord; \*

O ye priests of the Lord, bless ye the Lord;

O ye servants of the Lord, bless ye the Lord; \*  
praise him and magnify him for ever.

O ye spirits and souls of the righteous, bless ye the Lord; \*

O ye holy and humble men of heart, bless ye the Lord.

Let us bless the Father, the Son, and the Holy Spirit; \*  
praise him and magnify him for ever.

## **2 A Song of Praise**    *Benedictus es, Domine*

*Song of the Three Young Men, 29–34*

Blessed art thou, O Lord God of our fathers; \*

praised and exalted above all for ever.

Blessed art thou for the Name of thy Majesty; \*

praised and exalted above all for ever.

Blessed art thou in the temple of thy holiness; \*

praised and exalted above all for ever.

Blessed art thou that beholdest the depths,

and dwellest between the Cherubim; \*

praised and exalted above all for ever.

Blessed art thou on the glorious throne of thy kingdom; \*

praised and exalted above all for ever.

Blessed art thou in the firmament of heaven; \*

praised and exalted above all for ever.

Blessed art thou, O Father, Son, and Holy Spirit; \*

praised and exalted above all for ever.

#### **4 The Song of Zechariah**    *Benedictus Dominus Deus*

*Luke 1:68–79*

Blessed be the Lord God of Israel, \*  
    for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us \*  
    in the house of his servant David,  
As he spake by the mouth of his holy prophets, \*  
    which have been since the world began:  
That we should be saved from our enemies, \*  
    and from the hand of all that hate us;  
To perform the mercy promised to our forefathers, \*  
    and to remember his holy covenant;  
To perform the oath which he sware to our forefather  
    Abraham, \*  
    that he would give us,  
That we being delivered out of the hand of our enemies \*  
    might serve him without fear,  
In holiness and righteousness before him, \*  
    all the days of our life.  
And thou, child, shalt be called the prophet of the Highest, \*  
    for thou shalt go before the face of the Lord to prepare his  
    ways;  
To give knowledge of salvation unto his people \*  
    for the remission of their sins,  
Through the tender mercy of our God, \*  
    whereby the dayspring from on high hath visited us;  
To give light to them that sit in darkness  
and in the shadow of death, \*  
    and to guide our feet into the way of peace.

## **6 Glory Be to God**    *Gloria in excelsis*

Glory be to God on high,  
and on earth peace, good will towards men.

We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.

Thou that takest away the sins of the world,  
receive our prayer.

Thou that sittest at the right hand of God the Father,  
have mercy upon us.

For thou only art holy,  
thou only art the Lord,  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.

*The following Canticle shall be said, after the last Reading, on Feasts and Solemnities.*

**7 We Praise Thee**    *Te Deum laudamus*

We praise thee, O God; we acknowledge thee to be the Lord.

All the earth doth worship thee, the Father everlasting.

To thee all Angels cry aloud,

the Heavens and all the Powers therein.

To thee Cherubim and Seraphim continually do cry:

Holy, holy, holy, Lord God of Sabaoth;

Heaven and earth are full of the majesty of thy glory.

The glorious company of the apostles praise thee.

The goodly fellowship of the prophets praise thee.

The noble army of martyrs praise thee.

The holy Church throughout all the world doth acknowledge thee,

the Father, of an infinite majesty,

thine adorable, true, and only Son,

also the Holy Ghost the Comforter.

Thou art the King of glory, O Christ.

Thou art the everlasting Son of the Father.

When thou tookest upon thee to deliver man,

thou didst humble thyself to be born of a Virgin.

When thou hadst overcome the sharpness of death,

thou didst open the kingdom of heaven to all believers.

Thou sittest at the right hand of God, in the glory of the Father.

We believe that thou shalt come to be our judge.

We therefore pray thee, help thy servants,

whom thou hast redeemed with thy precious blood.

Make them to be numbered with thy saints,

in glory everlasting.

## **The Apostles' Creed**

*Officiant and People together, all standing:*

I believe in God, the Father almighty,  
maker of heaven and earth;

And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.  
The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

*The text of the Creed in Morning Prayer, Rite Two, may be used instead (p. 143).*

## The Prayers

*The people stand or kneel.*

*Officiant*    The Lord be with you.

*People*        And with thy spirit.

*Officiant*    Let us pray.

*Officiant and People:*

Our Father who art in heaven,

hallowed be thy Name,

thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,  
for ever and ever.

Amen.

*Then follows one of these sets of Suffrages*

### A

℣ O Lord, show thy mercy upon us;

℟ And grant us thy salvation.

℣ Endue thy ministers with righteousness;

℟ And make thy chosen people joyful.

℣ Give peace, O Lord, in all the world;

℟ For only in thee can we live in safety.

℣ Lord, keep this nation under thy care;

℟ And guide us in the way of justice and truth.

℣ Let thy way be known upon earth;

℟ Thy saving health among all nations.

℣ Let not the needy, O Lord, be forgotten;

℟ Nor the hope of the poor be taken away.

℣ Create in us clean hearts, O God;

℟ And sustain us with thy Holy Spirit.

## **B**

℣ O Lord, save thy people, and bless thine heritage;

℟ Govern them and lift them up for ever.

℣ Day by day we magnify thee;

℟ And we worship thy Name ever, world without end.

℣ Vouchsafe, O Lord, to keep us this day without sin;

℟ O Lord, have mercy upon us, have mercy upon us.

℣ O Lord, let thy mercy be upon us;

℟ As our trust is in thee.

℣ O Lord, in thee have I trusted;

℟ Let me never be confounded.

*The Officiant then says one or more of the following Collects.*

## **The Collect of the Day**

### **A Collect for Sundays**

O God, who makest us glad with the weekly remembrance of the glorious resurrection of thy Son our Lord: Grant us this day such blessing through our worship of thee, that the days to come may be spent in thy favor; through the same Jesus Christ our Lord. *Amen.*

### **A Collect for Fridays**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. *Amen.*

### **A Collect for Saturdays**

Almighty God, who after the creation of the world didst rest from all thy works and sanctify a day of rest for all thy creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of thy sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to thy people in heaven; through Jesus Christ our Lord. *Amen.*

### **A Collect for the Renewal of Life**

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when the night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. *Amen.*

### **A Collect for Peace**

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us, thy humble servants, in all assaults of our enemies; that we, surely trusting in thy defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. *Amen.*

### **A Collect for Grace**

O Lord, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that we, being ordered by thy governance, may do always what is righteous in thy sight; through Jesus Christ our Lord. *Amen.*

## A Collect for Guidance

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life we may not forget thee, but may remember that we are ever walking in thy sight; through Jesus Christ our Lord. *Amen.*

*Then, unless the Eucharist or a form of general intercession is to follow, one of these prayers for mission is added*

Almighty and everlasting God, by whose Spirit the whole body of thy faithful people is governed and sanctified: Receive our supplications and prayers which we offer before thee for all members of thy holy Church, that in their vocation and ministry they may truly and godly serve thee; through our Lord and Savior Jesus Christ. *Amen.*

*Or the following:*

O God, who hast made of one blood all the peoples of the earth, and didst send thy blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after thee and find thee; bring the nations into thy fold; pour out thy Spirit upon all flesh; and hasten the coming of thy kingdom; through the same thy Son Jesus Christ our Lord. *Amen.*

*Or this:*

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

*Here may be sung a hymn or anthem.*

*Authorized intercessions and thanksgivings may follow.*

*Before the close of the Office one or both of the following may be used.*

## **The General Thanksgiving**

*Officiant and People*

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men. We bless  
thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ,  
for the means of grace, and for the hope of glory.  
And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,  
not only with our lips, but in our lives,  
by giving up our selves to thy service,  
and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. Amen.

## A Prayer of St. Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee, and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. *Amen.*

*Then may be said:*

Let us bless the Lord.

Thanks be to God.

*From Easter Day through the Day of Pentecost, Alleluia, alleluia may be added to the preceding versicle and response.*

*The Officiant may then conclude with one of the following:*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. *Amen.*

*2 Corinthians 13:14*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen. Romans 15:13*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20, 21*

# Daily Morning Prayer

## Rite Two

*The Officiant begins the service with one or more of these sentences of Scripture, or with the versicle "Lord, open our lips." (p. 126).*

### Advent

Watch, for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or in the morning, lest he come suddenly and find you asleep.

*Mark 13:35, 36*

In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. *Isaiah 40:3*

The glory of the Lord shall be revealed, and all flesh shall see it together. *Isaiah 40:5*

### Christmas

Behold, I bring you good news of a great joy which will come to all the people; for to you is born this day in the city of David, a Savior, who is Christ the Lord. *Luke 2:10, 11*

Behold, the dwelling of God is with mankind. He will dwell with them, and they shall be his people, and God himself will be with them, and be their God. *Revelation 21:3*

### Epiphany

Nations shall come to your light, and kings to the brightness of your rising. *Isaiah 60:3*

I will give you as a light to the nations, that my salvation may reach to the end of the earth. *Isaiah 49:6b*



















































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































































- 8 O LORD our God, you answered them indeed; \*  
you were a God who forgave them,  
yet punished them for their evil deeds.
- 9 Proclaim the greatness of the LORD our God  
and worship him upon his holy hill; \*  
for the LORD our God is the Holy One.

**100** *Jubilare Deo*

- 1 Be joyful in the LORD, all you lands; \*  
serve the LORD with gladness  
and come before his presence with a song.
- 2 Know this: The LORD himself is God; \*  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving;  
go into his courts with praise; \*  
give thanks to him and call upon his Name.
- 4 For the LORD is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.

**101** *Misericordiam et judicium*

- 1 I will sing of mercy and justice; \*  
to you, O LORD, will I sing praises.
- 2 I will strive to follow a blameless course;  
oh, when will you come to me? \*  
I will walk with sincerity of heart within my house.
- 3 I will set no worthless thing before my eyes; \*  
I hate the doers of evil deeds;  
they shall not remain with me.

- 4 A crooked heart shall be far from me; \*  
I will not know evil.
- 5 Those who in secret slander their neighbors I will  
destroy; \*  
those who have a haughty look and a proud heart I  
cannot abide.
- 6 My eyes are upon the faithful in the land, that they may  
dwell with me, \*  
and only those who lead a blameless life shall be my  
servants.
- 7 Those who act deceitfully shall not dwell in my house, \*  
and those who tell lies shall not continue in my sight.
- 8 I will soon destroy all the wicked in the land, \*  
that I may root out all evildoers from the city of the  
LORD.

*Twentieth Day: Morning Prayer*

**102** *Domine, exaudi*

- 1 LORD, hear my prayer, and let my cry come before you; \*  
hide not your face from me in the day of my trouble.
- 2 Incline your ear to me; \*  
when I call, make haste to answer me,
- 3 For my days drift away like smoke, \*  
and my bones are hot as burning coals.
- 4 My heart is smitten like grass and withered, \*  
so that I forget to eat my bread.
- 5 Because of the voice of my groaning \*  
I am but skin and bones.
- 6 I have become like a vulture in the wilderness, \*  
like an owl among the ruins.

- 7 I lie awake and groan; \*  
I am like a sparrow, lonely on a house-top.
- 8 My enemies revile me all day long, \*  
and those who scoff at me have taken an oath against  
me.
- 9 For I have eaten ashes for bread \*  
and mingled my drink with weeping.
- 10 Because of your indignation and wrath \*  
you have lifted me up and thrown me away.
- 11 My days pass away like a shadow, \*  
and I wither like the grass.
- 12 But you, O LORD, endure for ever, \*  
and your Name from age to age.
- 13 You will arise and have compassion on Zion,  
for it is time to have mercy upon her; \*  
indeed, the appointed time has come.
- 14 For your servants love her very rubble, \*  
and are moved to pity even for her dust.
- 15 The nations shall fear your Name, O LORD, \*  
and all the kings of the earth your glory.
- 16 For the LORD will build up Zion, \*  
and his glory will appear.
- 17 He will look with favor on the prayer of the homeless; \*  
he will not despise their plea.
- 18 Let this be written for a future generation, \*  
so that a people yet unborn may praise the LORD.
- 19 For the LORD looked down from his holy place on high; \*  
from the heavens he beheld the earth;

- 20 That he might hear the groan of the captive \*  
and set free those condemned to die;
- 21 That they may declare in Zion the Name of the LORD, \*  
and his praise in Jerusalem;
- 22 When the peoples are gathered together, \*  
and the kingdoms also, to serve the LORD.
- 23 He has brought down my strength before my time; \*  
he has shortened the number of my days;
- 24 And I said, "O my God,  
do not take me away in the midst of my days; \*  
your years endure throughout all generations.
- 25 In the beginning, O LORD, you laid the foundations of the  
earth, \*  
and the heavens are the work of your hands;
- 26 They shall perish, but you will endure;  
they all shall wear out like a garment; \*  
as clothing you will change them,  
and they shall be changed;
- 27 But you are always the same, \*  
and your years will never end.
- 28 The children of your servants shall continue, \*  
and their offspring shall stand fast in your sight."

**103** *Benedic, anima mea*

- 1 Bless the LORD, O my soul, \*  
and all that is within me, bless his holy Name.
- 2 Bless the LORD, O my soul, \*  
and forget not all his benefits.
- 3 He forgives all your sins \*  
and heals all your infirmities;

- 4 He redeems your life from the grave \*  
and crowns you with mercy and loving-kindness;
- 5 He satisfies you with good things, \*  
and your youth is renewed like an eagle's.
- 6 The LORD executes righteousness \*  
and judgment for all who are oppressed.
- 7 He made his ways known to Moses \*  
and his works to the children of Israel.
- 8 The LORD is full of compassion and mercy, \*  
slow to anger and of great kindness.
- 9 He will not always accuse us, \*  
nor will he keep his anger for ever.
- 10 He has not dealt with us according to our sins, \*  
nor rewarded us according to our wickedness.
- 11 For as the heavens are high above the earth, \*  
so is his mercy great upon those who fear him.
- 12 As far as the east is from the west, \*  
so far has he removed our sins from us.
- 13 As a father cares for his children, \*  
so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; \*  
he remembers that we are but dust.
- 15 Our days are like the grass; \*  
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone, \*  
and its place shall know it no more.
- 17 But the merciful goodness of the LORD endures for ever  
on those who fear him, \*  
and his righteousness on children's children;

- 18 On those who keep his covenant \*  
and remember his commandments and do them.
- 19 The LORD has set his throne in heaven, \*  
and his kingship has dominion over all.
- 20 Bless the LORD, you angels of his,  
you mighty ones who do his bidding, \*  
and hearken to the voice of his word.
- 21 Bless the LORD, all you his hosts, \*  
you ministers of his who do his will.
- 22 Bless the LORD, all you works of his,  
in all places of his dominion; \*  
bless the LORD, O my soul.

*Twentieth Day: Evening Prayer*

**104** *Benedic, anima mea*

- 1 Bless the LORD, O my soul; \*  
O LORD my God, how excellent is your greatness!  
you are clothed with majesty and splendor.
- 2 You wrap yourself with light as with a cloak \*  
and spread out the heavens like a curtain.
- 3 You lay the beams of your chambers in the waters above; \*  
you make the clouds your chariot;  
you ride on the wings of the wind.
- 4 You make the winds your messengers \*  
and flames of fire your servants.
- 5 You have set the earth upon its foundations, \*  
so that it never shall move at any time.
- 6 You covered it with the Deep as with a mantle; \*  
the waters stood higher than the mountains.

- 7 At your rebuke they fled; \*  
at the voice of your thunder they hastened away.
- 8 They went up into the hills and down to the valleys  
beneath, \*  
to the places you had appointed for them.
- 9 You set the limits that they should not pass; \*  
they shall not again cover the earth.
- 10 You send the springs into the valleys; \*  
they flow between the mountains.
- 11 All the beasts of the field drink their fill from them, \*  
and the wild asses quench their thirst.
- 12 Beside them the birds of the air make their nests \*  
and sing among the branches.
- 13 You water the mountains from your dwelling on high; \*  
the earth is fully satisfied by the fruit of your works.
- 14 You make grass grow for flocks and herds \*  
and plants to serve mankind;
- 15 That they may bring forth food from the earth, \*  
and wine to gladden our hearts,
- 16 Oil to make a cheerful countenance, \*  
and bread to strengthen the heart.
- 17 The trees of the LORD are full of sap, \*  
the cedars of Lebanon which he planted,
- 18 In which the birds build their nests, \*  
and in whose tops the stork makes his dwelling.
- 19 The high hills are a refuge for the mountain goats, \*  
and the stony cliffs for the rock badgers.
- 20 You appointed the moon to mark the seasons, \*  
and the sun knows the time of its setting.

- 21 You make darkness that it may be night, \*  
in which all the beasts of the forest prowl.
- 22 The lions roar after their prey \*  
and seek their food from God.
- 23 The sun rises, and they slip away \*  
and lay themselves down in their dens.
- 24 Man goes forth to his work \*  
and to his labor until the evening.
- 25 O LORD, how manifold are your works! \*  
in wisdom you have made them all;  
the earth is full of your creatures.
- 26 Yonder is the great and wide sea  
with its living things too many to number, \*  
creatures both small and great.
- 27 There move the ships,  
and there is that Leviathan, \*  
which you have made for the sport of it.
- 28 All of them look to you \*  
to give them their food in due season.
- 29 You give it to them; they gather it; \*  
you open your hand, and they are filled with good  
things.
- 30 You hide your face, and they are terrified; \*  
you take away their breath,  
and they die and return to their dust.
- 31 You send forth your Spirit, and they are created; \*  
and so you renew the face of the earth.
- 32 May the glory of the LORD endure for ever; \*  
may the LORD rejoice in all his works.

- 33 He looks at the earth and it trembles; \*  
he touches the mountains and they smoke.
- 34 I will sing to the LORD as long as I live; \*  
I will praise my God while I have my being.
- 35 May these words of mine please him; \*  
I will rejoice in the LORD.
- 36 Let sinners be consumed out of the earth, \*  
and the wicked be no more.
- 37 Bless the LORD, O my soul. \*  
Hallelujah!

*Twenty-first Day: Morning Prayer*

## **105 Part I *Confitemini Domino***

- 1 Give thanks to the LORD and call upon his Name; \*  
make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, \*  
and speak of all his marvelous works.
- 3 Glory in his holy Name; \*  
let the hearts of those who seek the LORD rejoice.
- 4 Search for the LORD and his strength; \*  
continually seek his face.
- 5 Remember the marvels he has done, \*  
his wonders and the judgments of his mouth,
- 6 O offspring of Abraham his servant, \*  
O children of Jacob his chosen.
- 7 He is the LORD our God; \*  
his judgments prevail in all the world.
- 8 He has always been mindful of his covenant, \*  
the promise he made for a thousand generations:

- 9    The covenant he made with Abraham, \*  
      the oath that he swore to Isaac,
- 10   Which he established as a statute for Jacob, \*  
      an everlasting covenant for Israel,
- 11   Saying, “To you will I give the land of Canaan \*  
      to be your allotted inheritance.”
- 12   When they were few in number, \*  
      of little account, and sojourners in the land,
- 13   Wandering from nation to nation \*  
      and from one kingdom to another,
- 14   He let no one oppress them \*  
      and rebuked kings for their sake,
- 15   Saying, “Do not touch my anointed \*  
      and do my prophets no harm.”
- 16   Then he called for a famine in the land \*  
      and destroyed the supply of bread.
- 17   He sent a man before them, \*  
      Joseph, who was sold as a slave.
- 18   They bruised his feet in fetters; \*  
      his neck they put in an iron collar.
- 19   Until his prediction came to pass, \*  
      the word of the LORD tested him.
- 20   The king sent and released him; \*  
      the ruler of the peoples set him free.
- 21   He set him as a master over his household, \*  
      as a ruler over all his possessions,
- 22   To instruct his princes according to his will \*  
      and to teach his elders wisdom.

105

**Part II** *Et intravit Israel*

- 23 Israel came into Egypt, \*  
and Jacob became a sojourner in the land of Ham.
- 24 The LORD made his people exceedingly fruitful; \*  
he made them stronger than their enemies;
- 25 Whose heart he turned, so that they hated his people, \*  
and dealt unjustly with his servants.
- 26 He sent Moses his servant, \*  
and Aaron whom he had chosen.
- 27 They worked his signs among them, \*  
and portents in the land of Ham.
- 28 He sent darkness, and it grew dark; \*  
but the Egyptians rebelled against his words.
- 29 He turned their waters into blood \*  
and caused their fish to die.
- 30 Their land was overrun by frogs, \*  
in the very chambers of their kings.
- 31 He spoke, and there came swarms of insects \*  
and gnats within all their borders.
- 32 He gave them hailstones instead of rain, \*  
and flames of fire throughout their land.
- 33 He blasted their vines and their fig trees \*  
and shattered every tree in their country.
- 34 He spoke, and the locust came, \*  
and young locusts without number,
- 35 Which ate up all the green plants in their land \*  
and devoured the fruit of their soil.

- 36 He struck down the firstborn of their land, \*  
the first fruits of all their strength.
- 37 He led out his people with silver and gold; \*  
in all their tribes there was not one that stumbled.
- 38 Egypt was glad of their going, \*  
because they were afraid of them.
- 39 He spread out a cloud for a covering \*  
and a fire to give light in the night season.
- 40 They asked, and quails appeared, \*  
and he satisfied them with bread from heaven.
- 41 He opened the rock, and water flowed, \*  
so the river ran in the dry places.
- 42 For God remembered his holy word \*  
and Abraham his servant.
- 43 So he led forth his people with gladness, \*  
his chosen with shouts of joy.
- 44 He gave his people the lands of the nations, \*  
and they took the fruit of others' toil,
- 45 That they might keep his statutes \*  
and observe his laws.  
Hallelujah!

*Twenty-first Day: Evening Prayer*

## 106

### Part I *Confitemini Domino*

- 1 Hallelujah! Give thanks to the LORD, for he is good, \*  
for his mercy endures for ever.
- 2 Who can declare the mighty acts of the LORD ORD, with  
the favor you have for your people, \*  
and visit me with your saving help;
- 5 That I may see the prosperity of your elect  
and be glad with the gladness of your people, \*  
that I may glory with your inheritance.
- 6 We have sinned as our forebears did; \*  
we have done wrong and dealt wickedly.
- 7 In Egypt they did not consider your marvelous works,  
nor remember the abundance of your love; \*  
they defied the Most High at the Red Sea.
- 8 But he saved them for his Name's sake, \*  
to make his power known.
- 9 He rebuked the Red Sea, and it dried up, \*  
and he led them through the deep as through a desert.
- 10 He saved them from the hand of those who hated them \*  
and redeemed them from the hand of the enemy.
- 11 The waters covered their oppressors; \*  
not one of them was left.
- 12 Then they believed his words \*  
and sang him songs of praise.
- 13 But they soon forgot his deeds \*  
and did not wait for his counsel.

- 14 A craving seized them in the wilderness, \*  
and they put God to the test in the desert.
- 15 He gave them what they asked, \*  
but sent leanness into their soul.
- 16 They envied Moses in the camp, \*  
and Aaron, the holy one of the LORD.
- 17 The earth opened and swallowed Dathan \*  
and covered the company of Abiram.
- 18 Fire blazed up against their company, \*  
and flames devoured the wicked.

## 106

### Part II *Et fecerunt vitulum*

- 19 Israel made a bull-calf at Horeb \*  
and worshiped a molten image;
- 20 And so they exchanged their Glory \*  
for the image of an ox that feeds on grass.
- 21 They forgot God their Savior, \*  
who had done great things in Egypt,
- 22 Wonderful deeds in the land of Ham, \*  
and fearful things at the Red Sea.
- 23 So he would have destroyed them,  
had not Moses his chosen stood before him in the  
breach, \*  
to turn away his wrath from consuming them.
- 24 They refused the pleasant land \*  
and would not believe his promise.
- 25 They grumbled in their tents \*  
and would not listen to the voice of the LORD.

- 26 So he lifted his hand against them, \*  
to overthrow them in the wilderness,
- 27 To cast out their seed among the nations, \*  
and to scatter them throughout the lands.
- 28 They joined themselves to Baal-Peor \*  
and ate sacrifices offered to the dead.
- 29 They provoked him to anger with their actions, \*  
and a plague broke out among them.
- 30 Then Phinehas stood up and interceded, \*  
and the plague came to an end.
- 31 This was reckoned to him as righteousness \*  
throughout all generations for ever.
- 32 Again they provoked his anger at the waters of Meribah, \*  
so that he punished Moses because of them;
- 33 For they so embittered his spirit \*  
that he spoke rash words with his lips.
- 34 They did not destroy the peoples \*  
as the LORD had commanded them.
- 35 They intermingled with the heathen \*  
and learned their pagan ways,
- 36 So that they worshiped their idols, \*  
which became a snare to them.
- 37 They sacrificed their sons \*  
and their daughters to evil spirits.
- 38 They shed innocent blood,  
the blood of their sons and daughters, \*  
which they offered to the idols of Canaan,  
and the land was defiled with blood.
- 39 Thus they were polluted by their actions \*  
and went whoring in their evil deeds.

- 40 Therefore the wrath of the LORD was kindled against his  
people \*  
and he abhorred his inheritance.
- 41 He gave them over to the hand of the heathen, \*  
and those who hated them ruled over them.
- 42 Their enemies oppressed them, \*  
and they were humbled under their hand.
- 43 Many a time did he deliver them,  
but they rebelled through their own devices, \*  
and were brought down in their iniquity.
- 44 Nevertheless, he saw their distress, \*  
when he heard their lamentation.
- 45 He remembered his covenant with them \*  
and relented in accordance with his great mercy.
- 46 He caused them to be pitied \*  
by those who held them captive.
- 47 Save us, O LORD our God,  
and gather us from among the nations, \*  
that we may give thanks to your holy Name  
and glory in your praise.
- 48 Blessed be the LORD, the God of Israel,  
from everlasting and to everlasting; \*  
and let all the people say, "Amen!"  
Hallelujah!

## **Book Five**

*Twenty-second Day: Morning Prayer*

107

### **Part I**   *Confitemini Domino*

- 1   Give thanks to the LORD, for he is good, \*  
      and his mercy endures for ever.
- 2   Let all those whom the LORD has redeemed proclaim \*  
      that he redeemed them from the hand of the foe.
- 3   He gathered them out of the lands; \*  
      from the east and from the west,  
      from the north and from the south.
- 4   Some wandered in desert wastes; \*  
      they found no way to a city where they might dwell.
- 5   They were hungry and thirsty; \*  
      their spirits languished within them.
- 6   Then they cried to the LORD in their trouble, \*  
      and he delivered them from their distress.
- 7   He put their feet on a straight path \*  
      to go to a city where they might dwell.
- 8   Let them give thanks to the LORD for his mercy \*  
      and the wonders he does for his children.
- 9   For he satisfies the thirsty \*  
      and fills the hungry with good things.
- 10   Some sat in darkness and deep gloom, \*  
      bound fast in misery and iron;
- 11   Because they rebelled against the words of God \*  
      and despised the counsel of the Most High.

- 12 So he humbled their spirits with hard labor; \*  
they stumbled, and there was none to help.
- 13 Then they cried to the LORD in their trouble, \*  
and he delivered them from their distress.
- 14 He led them out of darkness and deep gloom \*  
and broke their bonds asunder.
- 15 Let them give thanks to the LORD for his mercy \*  
and the wonders he does for his children.
- 16 For he shatters the doors of bronze \*  
and breaks in two the iron bars.
- 17 Some were fools and took to rebellious ways; \*  
they were afflicted because of their sins.
- 18 They abhorred all manner of food \*  
and drew near to death's door.
- 19 Then they cried to the LORD in their trouble, \*  
and he delivered them from their distress.
- 20 He sent forth his word and healed them \*  
and saved them from the grave.
- 21 Let them give thanks to the LORD for his mercy \*  
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving \*  
and tell of his acts with shouts of joy.
- 23 Some went down to the sea in ships \*  
and plied their trade in deep waters;
- 24 They beheld the works of the LORD \*  
and his wonders in the deep.
- 25 Then he spoke, and a stormy wind arose, \*  
which tossed high the waves of the sea.

- 26 They mounted up to the heavens and fell back to the  
depths; \*  
their hearts melted because of their peril.
- 27 They reeled and staggered like drunkards \*  
and were at their wits' end.
- 28 Then they cried to the LORD in their trouble, \*  
and he delivered them from their distress.
- 29 He stilled the storm to a whisper \*  
and quieted the waves of the sea.
- 30 Then were they glad because of the calm, \*  
and he brought them to the harbor they were bound  
for.
- 31 Let them give thanks to the LORD for his mercy \*  
and the wonders he does for his children.
- 32 Let them exalt him in the congregation of the people \*  
and praise him in the council of the elders.

## 107

### Part II *Posuit flumina*

- 33 The LORD changed rivers into deserts, \*  
and water-springs into thirsty ground,
- 34 A fruitful land into salt flats, \*  
because of the wickedness of those who dwell there.
- 35 He changed deserts into pools of water \*  
and dry land into water-springs.
- 36 He settled the hungry there, \*  
and they founded a city to dwell in.
- 37 They sowed fields, and planted vineyards, \*  
and brought in a fruitful harvest.

- 38 He blessed them, so that they increased greatly; \*  
he did not let their herds decrease.
- 39 Yet when they were diminished and brought low, \*  
through stress of adversity and sorrow,
- 40 (He pours contempt on princes \*  
and makes them wander in trackless wastes)
- 41 He lifted up the poor out of misery \*  
and multiplied their families like flocks of sheep.
- 42 The upright will see this and rejoice, \*  
but all wickedness will shut its mouth.
- 43 Whoever is wise will ponder these things, \*  
and consider well the mercies of the LORD.

*Twenty-second Day: Evening Prayer*

**108** *Paratum cor meum*

- 1 My heart is firmly fixed, O God, my heart is fixed; \*  
I will sing and make melody.
- 2 Wake up, my spirit;  
awake, lute and harp; \*  
I myself will waken the dawn.
- 3 I will confess you among the peoples, O LORD; \*  
I will sing praises to you among the nations.
- 4 For your loving-kindness is greater than the heavens, \*  
and your faithfulness reaches to the clouds.
- 5 Exalt yourself above the heavens, O God, \*  
and your glory over all the earth.
- 6 So that those who are dear to you may be delivered, \*  
save with your right hand and answer me.

- 7 God spoke from his holy place and said, \*  
    "I will exult and parcel out Shechem;  
    I will divide the valley of Succoth.
- 8 Gilead is mine and Manasseh is mine; \*  
    Ephraim is my helmet and Judah my scepter.
- 9 Moab is my washbasin,  
    on Edom I throw down my sandal to claim it, \*  
    and over Philistia will I shout in triumph."
- 10 Who will lead me into the strong city? \*  
    who will bring me into Edom?
- 11 Have you not cast us off, O God? \*  
    you no longer go out, O God, with our armies.
- 12 Grant us your help against the enemy, \*  
    for vain is the help of man.
- 13 With God we will do valiant deeds, \*  
    and he shall tread our enemies under foot.

**109** *Deus, laudem*

- 1 Hold not your tongue, O God of my praise; \*  
    for the mouth of the wicked,  
    he mouth of the deceitful, is opened against me.
- 2 They speak to me with a lying tongue; \*  
    they encompass me with hateful words  
    and fight against me without a cause.
- 3 Despite my love, they accuse me; \*  
    but as for me, I pray for them.
- 4 They repay evil for good, \*  
    and hatred for my love.
- 5 Set a wicked man against him, \*  
    and let an accuser stand at his right hand.

- 6 When he is judged, let him be found guilty, \*  
and let his appeal be in vain.
- 7 Let his days be few, \*  
and let another take his office.
- 8 Let his children be fatherless, \*  
and his wife become a widow.
- 9 Let his children be waifs and beggars; \*  
let them be driven from the ruins of their homes.
- 10 Let the creditor seize everything he has; \*  
let strangers plunder his gains.
- 11 Let there be no one to show him kindness, \*  
and none to pity his fatherless children.
- 12 Let his descendants be destroyed, \*  
and his name be blotted out in the next generation.
- 13 Let the wickedness of his fathers be remembered before  
the LORD, \*  
and his mother's sin not be blotted out;
- 14 Let their sin be always before the LORD; \*  
but let him root out their names from the earth;
- 15 Because he did not remember to show mercy, \*  
but persecuted the poor and needy  
and sought to kill the brokenhearted.
- 16 He loved cursing,  
let it come upon him; \*  
he took no delight in blessing,  
let it depart from him.
- 17 He put on cursing like a garment, \*  
let it soak into his body like water  
and into his bones like oil;

- 18 Let it be to him like the cloak which he wraps around  
himself, \*  
and like the belt that he wears continually.
- 19 Let this be the recompense from the LORD to my  
accusers, \*  
and to those who speak evil against me.
- 20 But you, O Lord my God,  
oh, deal with me according to your Name; \*  
for your tender mercy's sake, deliver me.
- 21 For I am poor and needy, \*  
and my heart is wounded within me.
- 22 I have faded away like a shadow when it lengthens; \*  
I am shaken off like a locust.
- 23 My knees are weak through fasting, \*  
and my flesh is wasted and gaunt.
- 24 I have become a reproach to them; \*  
they see and shake their heads.
- 25 Help me, O LORD my God; \*  
save me for your mercy's sake.
- 26 Let them know that this is your hand, \*  
that you, O LORD, have done it.
- 27 They may curse, but you will bless; \*  
let those who rise up against me be put to shame,  
and your servant will rejoice.
- 28 Let my accusers be clothed with disgrace \*  
and wrap themselves in their shame as in a cloak.
- 29 I will give great thanks to the LORD with my mouth; \*  
in the midst of the multitude will I praise him;
- 30 Because he stands at the right hand of the needy, \*  
to save his life from those who would condemn him.

*Twenty-third Day: Morning Prayer*

**110** *Dixit Dominus*

- 1 The LORD said to my Lord, "Sit at my right hand, \*  
until I make your enemies your footstool."
- 2 The LORD will send the scepter of your power out of  
Zion, \*  
saying, "Rule over your enemies round about you."
- 3 Princely state has been yours from the day of your birth; \*  
in the beauty of holiness have I begotten you,  
like dew from the womb of the morning."
- 4 The LORD has sworn and he will not recant: \*  
"You are a priest for ever after the order of  
Melchizedek."
- 5 The Lord who is at your right hand  
will smite kings in the day of his wrath; \*  
he will rule over the nations.
- 6 He will heap high the corpses; \*  
he will smash heads over the wide earth.
- 7 He will drink from the brook beside the road; \*  
therefore he will lift high his head.

**111** *Confitebor tibi*

- 1 Hallelujah!  
I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! \*  
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

- 4 He makes his marvelous works to be remembered; \*  
the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; \*  
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works \*  
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.
- 8 They stand fast for ever and ever, \*  
because they are done in truth and equity.
- 9 He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.
- 10 The fear of the LORD is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for ever.

**112** *Beatus vir*

- 1 Hallelujah!  
Happy are they who fear the Lord \*  
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.

- 6 For they will never be shaken; \*  
the righteous will be kept in everlasting  
remembrance.
- 7 They will not be afraid of any evil rumors; \*  
their heart is right;  
they put their trust in the Lord.
- 8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.
- 9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor.
- 10 The wicked will see it and be angry;  
they will gnash their teeth and pine away; \*  
the desires of the wicked will perish.

**113** *Laudate, pueri*

- 1 Hallelujah!  
Give praise, you servants of the LORD; \*  
praise the Name of the LORD.
- 2 Let the Name of the LORD be blessed, \*  
from this time forth for evermore.
- 3 From the rising of the sun to its going down \*  
let the Name of the LORD be praised.
- 4 The LORD is high above all nations, \*  
and his glory above the heavens.
- 5 Who is like the LORD our God, who sits enthroned on  
high \*  
but stoops to behold the heavens and the earth?
- 6 He takes up the weak out of the dust \*  
and lifts up the poor from the ashes.

- 7 He sets them with the princes, \*  
with the princes of his people.
- 8 He makes the woman of a childless house \*  
to be a joyful mother of children.

*Twenty-third Day: Evening Prayer*

**114** *In exitu Israel*

- 1 Hallelujah!  
When Israel came out of Egypt, \*  
the house of Jacob from a people of strange speech,
- 2 Judah became God's sanctuary \*  
and Israel his dominion.
- 3 The sea beheld it and fled; \*  
Jordan turned and went back.
- 4 The mountains skipped like rams, \*  
and the little hills like young sheep.
- 5 What ailed you, O sea, that you fled? \*  
O Jordan, that you turned back?
- 6 You mountains, that you skipped like rams? \*  
you little hills like young sheep?
- 7 Tremble, O earth, at the presence of the Lord, \*  
at the presence of the God of Jacob,
- 8 Who turned the hard rock into a pool of water \*  
and flint-stone into a flowing spring.

**115** *Non nobis, Domine*

- 1 Not to us, O LORD, not to us,  
but to your Name give glory; \*  
because of your love and because of your faithfulness.

- 2 Why should the heathen say, \*  
“Where then is their God?”
- 3 Our God is in heaven; \*  
whatever he wills to do he does.
- 4 Their idols are silver and gold, \*  
the work of human hands.
- 5 They have mouths, but they cannot speak; \*  
eyes have they, but they cannot see;
- 6 They have ears, but they cannot hear; \*  
noses, but they cannot smell;
- 7 They have hands, but they cannot feel;  
feet, but they cannot walk; \*  
they make no sound with their throat.
- 8 Those who make them are like them, \*  
and so are all who put their trust in them.
- 9 O Israel, trust in the LORD; \*  
he is their help and their shield.
- 10 O house of Aaron, trust in the LORD; \*  
he is their help and their shield.
- 11 You who fear the LORD, trust in the LORD; \*  
he is their help and their shield.
- 12 The LORD has been mindful of us, and he will bless us; \*  
he will bless the house of Israel;  
he will bless the house of Aaron;
- 13 He will bless those who fear the LORD, \*  
both small and great together.
- 14 May the LORD increase you more and more, \*  
you and your children after you.

- 15 May you be blessed by the LORD, \*  
the maker of heaven and earth.
- 16 The heaven of heavens is the LORD's, \*  
but he entrusted the earth to its peoples.
- 17 The dead do not praise the LORD, \*  
nor all those who go down into silence;
- 18 But we will bless the LORD, \*  
from this time forth for evermore.  
Hallelujah!

*Twenty-fourth Day: Morning Prayer*

**116** *Dilexi, quoniam*

- 1 I love the LORD, because he has heard the voice of my  
supplication,\*  
because he has inclined his ear to me whenever I called  
upon him.
- 2 The cords of death entangled me;  
the grip of the grave took hold of me; \*  
I came to grief and sorrow.
- 3 Then I called upon the Name of the LORD: \*  
“O LORD, I pray you, save my life.”
- 4 Gracious is the LORD and righteous; \*  
our God is full of compassion.
- 5 The LORD watches over the innocent; \*  
I was brought very low, and he helped me.
- 6 Turn again to your rest, O my soul, \*  
for the LORD has treated you well.
- 7 For you have rescued my life from death, \*  
my eyes from tears, and my feet from stumbling.

- 8 I will walk in the presence of the LORD \*  
in the land of the living.
- 9 I believed, even when I said,  
“I have been brought very low.” \*  
In my distress I said, “No one can be trusted.”
- 10 How shall I repay the LORD \*  
for all the good things he has done for me?
- 11 I will lift up the cup of salvation \*  
and call upon the Name of the LORD.
- 12 I will fulfill my vows to the LORD \*  
in the presence of all his people.
- 13 Precious in the sight of the LORD \*  
is the death of his servants.
- 14 O LORD, I am your servant; \*  
I am your servant and the child of your handmaid;  
you have freed me from my bonds.
- 15 I will offer you the sacrifice of thanksgiving \*  
and call upon the Name of the LORD.
- 16 I will fulfill my vows to the LORD \*  
in the presence of all his people,
- 17 In the courts of the LORD’s house, \*  
in the midst of you, O Jerusalem.  
Hallelujah!

**117** *Laudate Dominum*

- 1 Praise the LORD, all you nations; \*  
laud him, all you peoples.
- 2 For his loving-kindness toward us is great, \*  
and the faithfulness of the LORD endures for ever.  
Hallelujah!

**118** *Confitemini Domino*

- 1 Give thanks to the LORD, for he is good; \*  
his mercy endures for ever.
- 2 Let Israel now proclaim, \*  
“His mercy endures for ever.”
- 3 Let the house of Aaron now proclaim, \*  
“His mercy endures for ever.”
- 4 Let those who fear the LORD now proclaim, \*  
“His mercy endures for ever.”
- 5 I called to the LORD in my distress; \*  
the LORD answered by setting me free.
- 6 The LORD is at my side, therefore I will not fear; \*  
what can anyone do to me?
- 7 The LORD is at my side to help me; \*  
I will triumph over those who hate me.
- 8 It is better to rely on the LORD \*  
than to put any trust in flesh.
- 9 It is better to rely on the LORD \*  
than to put any trust in rulers.
- 10 All the ungodly encompass me; \*  
in the name of the LORD I will repel them.
- 11 They hem me in, they hem me in on every side; \*  
in the name of the LORD I will repel them.
- 12 They swarm about me like bees;  
they blaze like a fire of thorns; \*  
in the name of the LORD I will repel them.
- 13 I was pressed so hard that I almost fell, \*  
but the LORD came to my help.

- 14 The LORD is my strength and my song, \*  
and he has become my salvation.
- 15 There is a sound of exultation and victory \*  
in the tents of the righteous:
- 16 “The right hand of the LORD has triumphed! \*  
the right hand of the LORD is exalted!  
the right hand of the LORD has triumphed!”
- 17 I shall not die, but live, \*  
and declare the works of the LORD.
- 18 The LORD has punished me sorely, \*  
but he did not hand me over to death.
- 19 Open for me the gates of righteousness; \*  
I will enter them;  
I will offer thanks to the LORD.
- 20 “This is the gate of the LORD; \*  
he who is righteous may enter.”
- 21 I will give thanks to you, for you answered me \*  
and have become my salvation.
- 22 The same stone which the builders rejected \*  
has become the chief cornerstone.
- 23 This is the LORD’s doing, \*  
and it is marvelous in our eyes.
- 24 On this day the LORD has acted; \*  
we will rejoice and be glad in it.
- 25 Hosannah, LORD, hosannah! \*  
LORD, send us now success.
- 26 Blessed is he who comes in the name of the LORD; \*  
we bless you from the house of the LORD.

- 27 God is the LORD; he has shined upon us; \*  
form a procession with branches up to the horns of the  
altar.
- 28 “You are my God, and I will thank you; \*  
you are my God, and I will exalt you.”
- 29 Give thanks to the LORD, for he is good; \*  
his mercy endures for ever.

*Twenty-fourth Day: Evening Prayer*

## 119

### I. Aleph *Beati immaculati*

- 1 Happy are they whose way is blameless, \*  
who walk in the law of the LORD!
- 3 Who never do any wrong, \*  
but always walk in his ways.
- 4 You laid down your commandments, \*  
that we should fully keep them.
- 5 Oh, that my ways were made so direct \*  
that I might keep your statutes!
- 6 Then I should not be put to shame, \*  
when I regard all your commandments.
- 7 I will thank you with an unfeigned heart, \*  
when I have learned your righteous judgments.
- 8 I will keep your statutes; \*  
do not utterly forsake me.

### II. Beth *In quo corrigi?*

- 9 How shall a young man cleanse his way? \*  
By keeping to your words.

- 10 With my whole heart I seek you; \*  
let me not stray from your commandments.
- 11 I treasure your promise in my heart, \*  
that I may not sin against you.
- 12 Blessed are you, O LORD; \*  
instruct me in your statutes.
- 13 With my lips will I recite \*  
all the judgments of your mouth.
- 14 I have taken greater delight in the way of your decrees \*  
than in all manner of riches.
- 15 I will meditate on your commandments \*  
and give attention to your ways.
- 16 My delight is in your statutes; \*  
I will not forget your word.

### **III. Gimel** *Retribue servo tuo*

- 17 Deal bountifully with your servant, \*  
that I may live and keep your word.
- 18 Open my eyes, that I may see \*  
the wonders of your law.
- 19 I am a stranger here on earth; \*  
do not hide your commandments from me.
- 20 My soul is consumed at all times \*  
with longing for your judgments.
- 21 You have rebuked the insolent; \*  
cursed are they who stray from your commandments!
- 22 Turn from me shame and rebuke, \*  
for I have kept your decrees.

- 23 Even though rulers sit and plot against me, \*  
I will meditate on your statutes.
- 24 For your decrees are my delight, \*  
and they are my counselors.

**IV. Daleth** *Adhaesit pavimento*

- 25 My soul cleaves to the dust; \*  
give me life according to your word.
- 26 I have confessed my ways, and you answered me; \*  
instruct me in your statutes.
- 27 Make me understand the way of your commandments, \*  
that I may meditate on your marvelous works.
- 28 My soul melts away for sorrow; \*  
strengthen me according to your word.
- 29 Take from me the way of lying; \*  
let me find grace through your law.
- 30 I have chosen the way of faithfulness; \*  
I have set your judgments before me.
- 31 I hold fast to your decrees; \*  
O LORD, let me not be put to shame.
- 32 I will run the way of your commandments, \*  
or you have set my heart at liberty.

*Twenty-fifth Day: Morning Prayer*

**V. He** *Legem pone*

- 33 Teach me, O LORD, the way of your statutes, \*  
and I shall keep it to the end.
- 34 Give me understanding, and I shall keep your law; \*  
I shall keep it with all my heart.

- 35 Make me go in the path of your commandments, \*  
for that is my desire.
- 36 Incline my heart to your decrees \*  
and not to unjust gain.
- 37 Turn my eyes from watching what is worthless; \*  
give me life in your ways.
- 38 Fulfill your promise to your servant, \*  
which you make to those who fear you.
- 39 Turn away the reproach which I dread, \*  
because your judgments are good.
- 40 Behold, I long for your commandments; \*  
in your righteousness preserve my life.

**VI. Waw** *Et veniat super me*

- 41 Let your loving-kindness come to me, O LORD, \*  
and your salvation, according to your promise.
- 42 Then shall I have a word for those who taunt me, \*  
because I trust in your words.
- 43 Do not take the word of truth out of my mouth, \*  
for my hope is in your judgments.
- 44 I shall continue to keep your law; \*  
I shall keep it for ever and ever.
- 45 I will walk at liberty, \*  
because I study your commandments.
- 46 I will tell of your decrees before kings \*  
and will not be ashamed.
- 47 I delight in your commandments, \*  
which I have always loved.

- 48 I will lift up my hands to your commandments, \*  
and I will meditate on your statutes.

**VII. Zayin** *Memor esto verbi tui*

- 49 Remember your word to your servant, \*  
because you have given me hope.
- 50 This is my comfort in my trouble, \*  
that your promise gives me life.
- 51 The proud have derided me cruelly, \*  
but I have not turned from your law.
- 52 When I remember your judgments of old, \*  
O LORD, I take great comfort.
- 53 I am filled with a burning rage, \*  
because of the wicked who forsake your law.
- 54 Your statutes have been like songs to me \*  
wherever I have lived as a stranger.
- 55 I remember your Name in the night, O LORD, \*  
and dwell upon your law.
- 56 This is how it has been with me, \*  
because I have kept your commandments.

**VIII. Heth** *Portio mea, Domine*

- 57 You only are my portion, O LORD; \*  
I have promised to keep your words.
- 58 I entreat you with all my heart, \*  
be merciful to me according to your promise.
- 59 I have considered my ways \*  
and turned my feet toward your decrees.
- 60 I hasten and do not tarry \*  
to keep your commandments.

61 Though the cords of the wicked entangle me, \*  
I do not forget your law.

62 At midnight I will rise to give you thanks, \*  
because of your righteous judgments.

63 I am a companion of all who fear you; \*  
and of those who keep your commandments.

64 The earth, O LORD, is full of your love; \*  
instruct me in your statutes.

**IX. Teth** *Bonitatem fecisti*

65 O LORD, you have dealt graciously with your servant, \*  
according to your word.

66 Teach me discernment and knowledge, \*  
for I have believed in your commandments.

67 Before I was afflicted I went astray, \*  
but now I keep your word.

68 You are good and you bring forth good; \*  
instruct me in your statutes.

69 The proud have smeared me with lies, \*  
but I will keep your commandments with my whole  
heart.

70 Their heart is gross and fat, \*  
but my delight is in your law.

71 It is good for me that I have been afflicted, \*  
that I might learn your statutes.

72 The law of your mouth is dearer to me \*  
than thousands in gold and silver.

*Twenty-fifth Day: Evening Prayer*

**X. Yodh** *Manus tuae fecerunt me*

- 73 Your hands have made me and fashioned me; \*  
give me understanding, that I may learn your  
commandments.
- 74 Those who fear you will be glad when they see me, \*  
because I trust in your word.
- 75 I know, O LORD, that your judgments are right \*  
and that in faithfulness you have afflicted me.
- 76 Let your loving-kindness be my comfort, \*  
as you have promised to your servant.
- 77 Let your compassion come to me, that I may live, \*  
for your law is my delight.
- 78 Let the arrogant be put to shame, for they wrong me with  
lies; \*  
but I will meditate on your commandments.
- 79 Let those who fear you turn to me, \*  
and also those who know your decrees.
- 80 Let my heart be sound in your statutes, \*  
that I may not be put to shame.

**XI. Kaph** *Defecit in salutare*

- 81 My soul has longed for your salvation; \*  
I have put my hope in your word.
- 82 My eyes have failed from watching for your promise, \*  
and I say, "When will you comfort me?"
- 83 I have become like a leather flask in the smoke, \*  
but I have not forgotten your statutes.

- 84 How much longer must I wait? \*  
when will you give judgment against those who  
persecute me?
- 85 The proud have dug pits for me; \*  
they do not keep your law.
- 86 All your commandments are true; \*  
help me, for they persecute me with lies.
- 87 They had almost made an end of me on earth, \*  
but I have not forsaken your commandments.
- 88 In your loving-kindness, revive me, \*  
that I may keep the decrees of your mouth.

**XII. Lamedh** *In aeternum, Domine*

- 89 O LORD, your word is everlasting; \*  
it stands firm in the heavens.
- 90 Your faithfulness remains from one generation to  
another; \*  
you established the earth, and it abides.
- 91 By your decree these continue to this day, \*  
for all things are your servants.
- 92 If my delight had not been in your law, \*  
I should have perished in my affliction.
- 93 I will never forget your commandments, \*  
because by them you give me life.
- 94 I am yours; oh, that you would save me! \*  
for I study your commandments.
- 95 Though the wicked lie in wait for me to destroy me, \*  
will apply my mind to your decrees.
- 96 I see that all things come to an end, \*  
but your commandment has no bounds.

**XIII. Mem** *Quomodo dilexi!*

- 97 Oh, how I love your law! \*  
all the day long it is in my mind.
- 98 Your commandment has made me wiser than my  
enemies, \*  
and it is always with me.
- 99 I have more understanding than all my teachers, \*  
for your decrees are my study.
- 100 I am wiser than the elders, \*  
because I observe your commandments.
- 101 I restrain my feet from every evil way, \*  
that I may keep your word.
- 102 I do not shrink from your judgments, \*  
because you yourself have taught me.
- 103 How sweet are your words to my taste! \*  
they are sweeter than honey to my mouth.
- 104 Through your commandments I gain understanding; \*  
therefore I hate every lying way.

*Twenty-sixth Day: Morning Prayer*

**XIV. Nun** *Lucerna pedibus meis*

- 105 Your word is a lantern to my feet \*  
and a light upon my path.
- 106 I have sworn and am determined \*  
to keep your righteous judgments.
- 107 I am deeply troubled; \*  
preserve my life, O LORD, according to your word.
- 108 Accept, O LORD, the willing tribute of my lips, \*  
and teach me your judgments.

- 109 My life is always in my hand, \*  
yet I do not forget your law.
- 110 The wicked have set a trap for me, \*  
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; \*  
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes \*  
for ever and to the end.

**XV. Samekh** *Iniquos odio habui*

- 113 I hate those who have a divided heart, \*  
but your law do I love.
- 114 You are my refuge and shield; \*  
my hope is in your word.
- 115 Away from me, you wicked! \*  
I will keep the commandments of my God.
- 116 Sustain me according to your promise, that I may  
live, \*  
and let me not be disappointed in my hope.
- 117 Hold me up, and I shall be safe, \*  
and my delight shall be ever in your statutes.
- 118 You spurn all who stray from your statutes; \*  
their deceitfulness is in vain.
- 119 In your sight all the wicked of the earth are but dross; \*  
therefore I love your decrees.
- 120 My flesh trembles with dread of you; \*  
I am afraid of your judgments.

**XVI. Ayin** *Feci iudicium*

- 121 I have done what is just and right; \*  
do not deliver me to my oppressors.
- 122 Be surety for your servant's good; \*  
let not the proud oppress me.
- 123 My eyes have failed from watching for your salvation \*  
and for your righteous promise.

- 124 Deal with your servant according to your loving-kindness \*  
and teach me your statutes.
- 125 I am your servant; grant me understanding, \*  
that I may know your decrees.
- 126 It is time for you to act, O LORD, \*  
for they have broken your law.
- 127 Truly, I love your commandments \*  
more than gold and precious stones.
- 128 I hold all your commandments to be right for me; \*  
all paths of falsehood I abhor.

**XVII. Pe** *Mirabilia*

- 129 Your decrees are wonderful; \*  
therefore I obey them with all my heart.
- 130 When your word goes forth it gives light; \*  
it gives understanding to the simple.
- 131 I open my mouth and pant; \*  
I long for your commandments.
- 132 Turn to me in mercy, \*  
as you always do to those who love your Name.
- 133 Steady my footsteps in your word; \*  
let no iniquity have dominion over me.
- 134 Rescue me from those who oppress me, \*  
and I will keep your commandments.
- 135 Let your countenance shine upon your servant \*  
and teach me your statutes.
- 136 My eyes shed streams of tears, \*  
because people do not keep your law.

**XVIII. Sadhe** *Justus es, Domine*

- 137 You are righteous, O LORD, \*  
and upright are your judgments.
- 138 You have issued your decrees \*  
with justice and in perfect faithfulness.
- 139 My indignation has consumed me, \*  
because my enemies forget your words.
- 140 Your word has been tested to the uttermost, \*  
and your servant holds it dear.
- 141 I am small and of little account, \*  
yet I do not forget your commandments.
- 142 Your justice is an everlasting justice \*  
and your law is the truth.
- 143 Trouble and distress have come upon me, \*  
yet your commandments are my delight.
- 144 The righteousness of your decrees is everlasting; \*  
grant me understanding, that I may live.

*Twenty-sixth Day: Evening Prayer*

**XIX. Qoph** *Clamavi in toto corde meo*

- 145 I call with my whole heart; \*  
answer me, O LORD, that I may keep your statutes.
- 146 I call to you;  
oh, that you would save me! \*  
I will keep your decrees.
- 147 Early in the morning I cry out to you, \*  
for in your word is my trust.
- 148 My eyes are open in the night watches, \*  
that I may meditate upon your promise.

- 149 Hear my voice, O LORD, according to your loving-kindness; \*  
according to your judgments, give me life.
- 150 They draw near who in malice persecute me; \*  
they are very far from your law.
- 151 You, O LORD, are near at hand, \*  
and all your commandments are true.
- 152 Long have I known from your decrees \*  
that you have established them for ever.

**XX. Resh** *Vide humilitatem*

- 153 Behold my affliction and deliver me, \*  
for I do not forget your law.
- 154 Plead my cause and redeem me; \*  
according to your promise, give me life.
- 155 Deliverance is far from the wicked, \*  
for they do not study your statutes.
- 156 Great is your compassion, O LORD; \*  
preserve my life, according to your judgments.
- 157 There are many who persecute and oppress me, \*  
yet I have not swerved from your decrees.
- 158 I look with loathing at the faithless, \*  
for they have not kept your word.
- 159 See how I love your commandments! \*  
O LORD, in your mercy, preserve me.
- 160 The heart of your word is truth; \*  
all your righteous judgments endure for evermore.

**XXI. Shin** *Principes persecuti sunt*

- 161 Rulers have persecuted me without a cause, \*  
but my heart stands in awe of your word.
- 162 I am as glad because of your promise \*  
as one who finds great spoils.
- 163 As for lies, I hate and abhor them, \*  
but your law is my love.
- 164 Seven times a day do I praise you, \*  
because of your righteous judgments.
- 165 Great peace have they who love your law; \*  
for them there is no stumbling block.
- 166 I have hoped for your salvation, O LORD, \*  
and I have fulfilled your commandments.
- 167 I have kept your decrees \*  
and I have loved them deeply.
- 168 I have kept your commandments and decrees, \*  
for all my ways are before you.

**XXII. Taw** *Appropinquet deprecatio*

- 169 Let my cry come before you, O LORD; \*  
give me understanding, according to your word.
- 170 Let my supplication come before you; \*  
deliver me, according to your promise.
- 171 My lips shall pour forth your praise, \*  
when you teach me your statutes.
- 172 My tongue shall sing of your promise, \*  
for all your commandments are righteous.
- 173 Let your hand be ready to help me, \*  
for I have chosen your commandments.

- 174 I long for your salvation, O LORD, \*  
and your law is my delight.
- 175 Let me live, and I will praise you, \*  
and let your judgments help me.
- 176 I have gone astray like a sheep that is lost; \*  
search for your servant,  
for I do not forget your commandments.

*Twenty-seventh Day: Morning Prayer*

**120** *Ad Dominum*

- 1 When I was in trouble, I called to the LORD; \*  
I called to the LORD, and he answered me.
- 2 Deliver me, O LORD, from lying lips \*  
and from the deceitful tongue.
- 3 What shall be done to you, and what more besides, \*  
O you deceitful tongue?
- 4 The sharpened arrows of a warrior, \*  
along with hot glowing coals.
- 5 How hateful it is that I must lodge in Meshech \*  
and dwell among the tents of Kedar!
- 6 Too long have I had to live; \*  
among the enemies of peace.
- 7 I am on the side of peace, \*  
but when I speak of it, they are for war.

**121** *Levavi oculos*

- 1 I lift up my eyes to the hills; \*  
from where is my help to come?

- 2 My help comes from the LORD, \*  
the maker of heaven and earth.
- 3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;
- 5 The LORD himself watches over you; \*  
the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day, \*  
nor the moon by night.
- 7 The LORD shall preserve you from all evil; \*  
it is he who shall keep you safe.
- 8 The LORD shall watch over your going out and your  
coming in, \*  
from this time forth for evermore.

122 *Laetatus sum*

- 1 I was glad when they said to me, \*  
“Let us go to the house of the LORD.”
- 2 Now our feet are standing \*  
within your gates, O Jerusalem.
- 3 Jerusalem is built as a city \*  
that is at unity with itself;
- 4 To which the tribes go up,  
the tribes of the LORD, \*  
the assembly of Israel,  
to praise the Name of the LORD.
- 5 For there are the thrones of judgment, \*  
the thrones of the house of David.

- 6 Pray for the peace of Jerusalem: \*  
    "May they prosper who love you.
- 7 Peace be within your walls \*  
    and quietness within your towers.
- 8 For my brethren and companions' sake, \*  
    I pray for your prosperity.
- 9 Because of the house of the LORD our God, \*  
    I will seek to do you good."

**123** *Ad te levavi oculos meos*

- 1 To you I lift up my eyes, \*  
    to you enthroned in the heavens.
- 2 As the eyes of servants look to the hand of their masters, \*  
    and the eyes of a maid to the hand of her mistress,
- 3 So our eyes look to the LORD our God, \*  
    until he show us his mercy.
- 4 Have mercy upon us, O LORD, have mercy, \*  
    for we have had more than enough of contempt,
- 5 Too much of the scorn of the indolent rich, \*  
    and of the derision of the proud.

**124** *Nisi quia Dominus*

- 1 If the LORD had not been on our side, \*  
    let Israel now say;
- 2 If the LORD had not been on our side, \*  
    when enemies rose up against us;
- 3 Then would they have swallowed us up alive \*  
    in their fierce anger toward us;
- 4 Then would the waters have overwhelmed us \*  
    and the torrent gone over us;

- 5 Then would the raging waters \*  
have gone right over us.
- 6 Blessed be the LORD! \*  
he has not given us over to be a prey for their teeth.
- 7 We have escaped like a bird from the snare of the fowler; \*  
the snare is broken, and we have escaped.
- 8 Our help is in the Name of the LORD, \*  
the maker of heaven and earth.

**125** *Qui confidunt*

- 1 Those who trust in the LORD are like Mount Zion, \*  
which cannot be moved, but stands fast for ever.
- 2 The hills stand about Jerusalem; \*  
so does the LORD stand round about his people,  
from this time forth for evermore.
- 3 The scepter of the wicked shall not hold sway over the  
land allotted to the just, \*  
so that the just shall not put their hands to evil.
- 4 Show your goodness, O LORD, to those who are good \*  
and to those who are true of heart.
- 5 As for those who turn aside to crooked ways,  
the LORD will lead them away with the evildoers; \*  
but peace be upon Israel.

*Twenty-seventh Day: Evening Prayer*

**126** *In convertendo*

- 1 When the LORD restored the fortunes of Zion, \*  
then were we like those who dream.
- 2 Then was our mouth filled with laughter, \*  
and our tongue with shouts of joy.

- 3 Then they said among the nations, \*  
“The LORD has done great things for them.”
- 4 The LORD has done great things for us, \*  
and we are glad indeed.
- 5 Restore our fortunes, O LORD, \*  
like the watercourses of the Negev.
- 6 Those who sowed with tears \*  
will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed, \*  
will come again with joy, shouldering their sheaves.

**127** *Nisi Dominus*

- 1 Unless the LORD builds the house, \*  
their labor is in vain who build it.
- 2 Unless the LORD watches over the city, \*  
in vain the watchman keeps his vigil.
- 3 It is in vain that you rise so early and go to bed so late; \*  
vain, too, to eat the bread of toil,  
for he gives to his beloved sleep.
- 4 Children are a heritage from the LORD, \*  
and the fruit of the womb is a gift.
- 5 Like arrows in the hand of a warrior \*  
are the children of one's youth.
- 6 Happy is the man who has his quiver full of them! \*  
he shall not be put to shame  
when he contends with his enemies in the gate.

**128** *Beati omnes*

- 1 Happy are they all who fear the LORD, \*  
and who follow in his ways!

- 2 You shall eat the fruit of your labor; \*  
happiness and prosperity shall be yours.
- 3 Your wife shall be like a fruitful vine within your house, \*  
your children like olive shoots round about your table.
- 4 The man who fears the LORD \*  
shall thus indeed be blessed.
- 5 The LORD bless you from Zion, \*  
and may you see the prosperity of Jerusalem all the  
days of your life.
- 6 May you live to see your children's children; \*  
may peace be upon Israel.

**129** *Saepe expugnauerunt*

- 1 "Greatly have they oppressed me since my youth," \*  
let Israel now say;
- 2 "Greatly have they oppressed me since my youth, \*  
but they have not prevailed against me."
- 3 The plowmen plowed upon my back \*  
and made their furrows long.
- 4 The LORD, the Righteous One, \*  
has cut the cords of the wicked.
- 5 Let them be put to shame and thrown back, \*  
all those who are enemies of Zion.
- 6 Let them be like grass upon the housetops, \*  
which withers before it can be plucked;
- 7 Which does not fill the hand of the reaper, \*  
nor the bosom of him who binds the sheaves;
- 8 So that those who go by say not so much as,  
"The LORD prosper you. \*  
We wish you well in the Name of the LORD."

**130**    *De profundis*

- 1    Out of the depths have I called to you, O LORD;  
     LORD, hear my voice; \*  
     let your ears consider well the voice of my supplication.
- 2    If you, LORD, were to note what is done amiss, \*  
     O Lord, who could stand?
- 3    For there is forgiveness with you; \*  
     therefore you shall be feared.
- 4    I wait for the LORD; my soul waits for him; \*  
     in his word is my hope.
- 5    My soul waits for the LORD,  
     more than watchmen for the morning, \*  
     more than watchmen for the morning.
- 6    O Israel, wait for the LORD, \*  
     for with the LORD there is mercy;
- 7    With him there is plenteous redemption, \*  
     and he shall redeem Israel from all their sins.

**131**    *Domine, non est*

- 1    O LORD, I am not proud; \*  
     I have no haughty looks.
- 2    I do not occupy myself with great matters, \*  
     or with things that are too hard for me.
- 3    But I still my soul and make it quiet,  
     like a child upon its mother's breast; \*  
     my soul is quieted within me.
- 4    O Israel, wait upon the LORD, \*  
     from this time forth for evermore.

*Twenty-eighth Day: Morning Prayer*

**132** *Memento, Domine*

- 1 LORD, remember David, \*  
and all the hardships he endured;
- 2 How he swore an oath to the LORD \*  
and vowed a vow to the Mighty One of Jacob:
- 3 “I will not come under the roof of my house,” \*  
nor climb up into my bed;
- 4 I will not allow my eyes to sleep, \*  
nor let my eyelids slumber;
- 5 Until I find a place for the LORD, \*  
a dwelling for the Mighty One of Jacob.”
- 6 “The ark! We heard it was in Ephratah; \*  
we found it in the fields of Jearim.
- 7 Let us go to God’s dwelling place; \*  
let us fall upon our knees before his footstool.”
- 8 Arise, O LORD, into your resting-place, \*  
you and the ark of your strength.
- 9 Let your priests be clothed with righteousness; \*  
let your faithful people sing with joy.
- 10 For your servant David’s sake, \*  
do not turn away the face of your Anointed.
- 11 The LORD has sworn an oath to David; \*  
in truth, he will not break it:
- 12 “A son, the fruit of your body \*  
will I set upon your throne.

- 13 If your children keep my covenant  
and my testimonies that I shall teach them, \*  
their children will sit upon your throne for evermore.”
- 14 For the LORD has chosen Zion; \*  
he has desired her for his habitation:
- 15 “This shall be my resting-place for ever; \*  
here will I dwell, for I delight in her.
- 16 I will surely bless her provisions, \*  
and satisfy her poor with bread.
- 17 I will clothe her priests with salvation, \*  
and her faithful people will rejoice and sing.
- 18 There will I make the horn of David flourish; \*  
I have prepared a lamp for my Anointed.
- 19 As for his enemies, I will clothe them with shame; \*  
but as for him, his crown will shine.”

**133** *Ecce, quam bonum!*

- 1 Oh, how good and pleasant it is, \*  
when brethren live together in unity!
- 2 It is like fine oil upon the head \*  
that runs down upon the beard,
- 3 Upon the beard of Aaron, \*  
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon \*  
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: \*  
life for evermore.

134 *Ecce nunc*

- 1 Behold now, bless the LORD, all you servants of the  
LORD, \*  
you that stand by night in the house of the LORD.
- 2 Lift up your hands in the holy place and bless the LORD; \*  
the LORD who made heaven and earth bless you out of  
Zion.

135 *Laudate nomen*

- 1 Hallelujah !  
Praise the Name of the LORD; \*  
give praise, you servants of the LORD,
- 2 You who stand in the house of the LORD, \*  
in the courts of the house of our God.
- 3 Praise the LORD, for the LORD is good; \*  
sing praises to his Name, for it is lovely.
- 4 For the LORD has chosen Jacob for himself \*  
and Israel for his own possession.
- 5 For I know that the LORD is great, \*  
and that our Lord is above all gods.
- 6 The LORD does whatever pleases him, in heaven and on  
earth, \*  
in the seas and all the deeps.
- 7 He brings up rain clouds from the ends of the earth; \*  
he sends out lightning with the rain,  
and brings the winds out of his storehouse.
- 8 It was he who struck down the firstborn of Egypt, \*  
the firstborn both of man and beast.

- 9 He sent signs and wonders into the midst of you, O  
Egypt, \*  
against Pharaoh and all his servants.
- 10 He overthrew many nations \*  
and put mighty kings to death:
- 11 Sihon, king of the Amorites,  
and Og, the king of Bashan, \*  
and all the kingdoms of Canaan.
- 12 He gave their land to be an inheritance, \*  
an inheritance for Israel his people.
- 13 O LORD, your Name is everlasting; \*  
your renown, O LORD, endures from age to age.
- 14 For the LORD gives his people justice \*  
and shows compassion to his servants.
- 15 The idols of the heathen are silver and gold, \*  
the work of human hands.
- 16 They have mouths, but they cannot speak; \*  
eyes have they, but they cannot see.
- 17 They have ears, but they cannot hear; \*  
neither is there any breath in their mouth.
- 18 Those who make them are like them, \*  
and so are all who put their trust in them.
- 19 Bless the LORD, O house of Israel; \*  
O house of Aaron, bless the LORD.
- 20 Bless the LORD, O house of Levi; \*  
you who fear the LORD, bless the LORD.
- 21 Blessed be the LORD out of Zion, \*  
who dwells in Jerusalem.  
Hallelujah!

*Twenty-eighth Day: Evening Prayer*

**136** *Confitemini*

- 1 Give thanks to the LORD, for he is good, \*  
for his mercy endures for ever.
- 2 Give thanks to the God of gods, \*  
for his mercy endures for ever.
- 3 Give thanks to the Lord of lords, \*  
for his mercy endures for ever.
- 4 Who only does great wonders, \*  
for his mercy endures for ever;
- 5 Who by wisdom made the heavens, \*  
for his mercy endures for ever;
- 6 Who spread out the earth upon the waters, \*  
for his mercy endures for ever;
- 7 Who created great lights, \*  
for his mercy endures for ever;
- 8 The sun to rule the day, \*  
for his mercy endures for ever;
- 9 The moon and the stars to govern the night, \*  
for his mercy endures for ever.
- 10 Who struck down the firstborn of Egypt, \*  
for his mercy endures for ever;
- 11 And brought out Israel from among them, \*  
for his mercy endures for ever;
- 12 With a mighty hand and a stretched-out arm, \*  
for his mercy endures for ever;
- 13 Who divided the Red Sea in two, \*  
for his mercy endures for ever;

- 14 And made Israel to pass through the midst of it, \*  
for his mercy endures for ever;
- 15 But swept Pharaoh and his army into the Red Sea, \*  
for his mercy endures for ever;
- 16 Who led his people through the wilderness, \*  
for his mercy endures for ever.
- 17 Who struck down great kings, \*  
for his mercy endures for ever;
- 18 And slew mighty kings, \*  
for his mercy endures for ever;
- 19 Sihon, king of the Amorites, \*  
for his mercy endures for ever;
- 20 And Og, the king of Bashan, \*  
for his mercy endures for ever;
- 21 And gave away their lands for an inheritance, \*  
for his mercy endures for ever;
- 22 An inheritance for Israel his servant, \*  
for his mercy endures for ever.
- 23 Who remembered us in our low estate, \*  
for his mercy endures for ever;
- 24 And delivered us from our enemies,  
for his mercy endures for ever;
- 25 Who gives food to all creatures, \*  
for his mercy endures for ever.
- 26 Give thanks to the God of heaven, \*  
for his mercy endures for ever.

137 *Super flumina*

- 1 By the waters of Babylon we sat down and wept, \*  
when we remembered you, O Zion.
- 2 As for our harps, we hung them up \*  
on the trees in the midst of that land.
- 3 For those who led us away captive asked us for a song,  
and our oppressors called for mirth: \*  
“Sing us one of the songs of Zion.”
- 4 How shall we sing the LORD’s song \*  
upon an alien soil.
- 5 If I forget you, O Jerusalem, \*  
let my right hand forget its skill.
- 6 Let my tongue cleave to the roof of my mouth  
if I do not remember you, \*  
if I do not set Jerusalem above my highest joy.
- 7 Remember the day of Jerusalem, O LORD,  
against the people of Edom, \*  
who said, “Down with it! down with it!  
even to the ground!”
- 8 O Daughter of Babylon, doomed to destruction, \*  
happy the one who pays you back  
for what you have done to us!
- 9 Happy shall he be who takes your little ones, \*  
and dashes them against the rock!

138 *Confitebor tibi*

- 1 I will give thanks to you, O LORD, with my whole  
heart; \*  
before the gods I will sing your praise.

- 2 I will bow down toward your holy temple  
and praise your Name, \*  
because of your love and faithfulness;
- 3 For you have glorified your Name \*  
and your word above all things.
- 4 When I called, you answered me; \*  
you increased my strength within me.
- 5 All the kings of the earth will praise you, O LORD, \*  
when they have heard the words of your mouth.
- 6 They will sing of the ways of the LORD, \*  
that great is the glory of the LORD.
- 7 Though the LORD be high, he cares for the lowly; \*  
he perceives the haughty from afar.
- 8 Though I walk in the midst of trouble, you keep me  
safe; \*  
you stretch forth your hand against the fury of my  
enemies;  
your right hand shall save me.
- 9 The LORD will make good his purpose for me; \*  
O LORD, your love endures for ever;  
do not abandon the works of your hands.

*Twenty-ninth Day: Morning Prayer*

**139** *Domine, probasti*

- 1 LORD, you have searched me out and known me; \*  
you know my sitting down and my rising up;  
you discern my thoughts from afar.
- 2 You trace my journeys and my resting-places \*  
and are acquainted with all my ways.

- 3 Indeed, there is not a word on my lips, \*  
but you, O LORD, know it altogether.
- 4 You press upon me behind and before \*  
and lay your hand upon me.
- 5 Such knowledge is too wonderful for me; \*  
it is so high that I cannot attain to it.
- 6 Where can I go then from your Spirit? \*  
where can I flee from your presence?
- 7 If I climb up to heaven, you are there; \*  
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning \*  
and dwell in the uttermost parts of the sea,
- 9 Even there your hand will lead me \*  
and your right hand hold me fast.
- 10 If I say, "Surely the darkness will cover me, \*  
and the light around me turn to night,"
- 11 Darkness is not dark to you;  
the night is as bright as the day; \*  
darkness and light to you are both alike.
- 12 For you yourself created my inmost parts; \*  
you knit me together in my mother's womb.
- 13 I will thank you because I am marvelously made; \*  
your works are wonderful, and I know it well.
- 14 My body was not hidden from you, \*  
while I was being made in secret  
and woven in the depths of the earth.
- 15 Your eyes beheld my limbs, yet unfinished in the womb;  
all of them were written in your book;  
they were fashioned day by day,  
when as yet there was none of them.

- 16 How deep I find your thoughts, O God! \*  
how great is the sum of them!
- 17 If I were to count them, they would be more in number  
than the sand; \*  
to count them all, my life span would need to be like  
yours.
- 18 Oh, that you would slay the wicked, O God! \*  
You that thirst for blood, depart from me.
- 19 They speak spitefully against you; \*  
your enemies take your Name in vain.
- 20 Do I not hate those, O LORD, who hate you? \*  
and do I not loathe those who rise up against you?
- 21 I hate them with a perfect hatred; \*  
they have become my own enemies.
- 22 Search me out, O God, and know my heart; \*  
try me and know my restless thoughts.
- 23 Look well whether there be any wickedness in me \*  
and lead me in the way that is everlasting.

**140** *Eripe me, Domine*

- 1 Deliver me, O LORD, from evildoers; \*  
protect me from the violent,
- 2 Who devise evil in their hearts \*  
and stir up strife all day long.
- 3 They have sharpened their tongues like a serpent; \*  
adder's poison is under their lips.
- 4 Keep me, O LORD, from the hands of the wicked; \*  
protect me from the violent,  
who are determined to trip me up.

- 5 The proud have hidden a snare for me  
and stretched out a net of cords; \*  
they have set traps for me along the path.
- 6 I have said to the LORD, "You are my God; \*  
listen, O LORD, to my supplication.
- 7 O LORD GOD, the strength of my salvation, \*  
you have covered my head in the day of battle.
- 8 Do not grant the desires of the wicked, O LORD, \*  
nor let their evil plans prosper.
- 9 Let not those who surround me lift up their heads; \*  
let the evil of their lips overwhelm them.
- 10 Let hot burning coals fall upon them; \*  
let them be cast into the mire, never to rise up again."
- 11 A slanderer shall not be established on the earth, \*  
and evil shall hunt down the lawless.
- 12 I know that the LORD will maintain the cause of the  
poor \*  
and render justice to the needy.
- 13 Surely, the righteous will give thanks to your Name, \*  
and the upright shall continue in your sight.

*Twenty-ninth Day: Evening Prayer*

**141** *Domine, clamavi*

- 1 O LORD, I call to you; come to me quickly; \*  
hear my voice when I cry to you.
- 2 Let my prayer be set forth in your sight as incense, \*  
the lifting up of my hands as the evening sacrifice.

- 3 Set a watch before my mouth, O LORD,  
and guard the door of my lips; \*  
let not my heart incline to any evil thing.
- 4 Let me not be occupied in wickedness with evildoers, \*  
nor eat of their choice foods.
- 5 Let the righteous smite me in friendly rebuke;  
let not the oil of the unrighteous anoint my head; \*  
for my prayer is continually against their wicked  
deeds.
- 6 Let their rulers be overthrown in stony places, \*  
that they may know my words are true.
- 7 As when a plowman turns over the earth in furrows, \*  
let their bones be scattered at the mouth of the grave.
- 8 But my eyes are turned to you, LORD GOD; \*  
in you I take refuge;  
do not strip me of my life.
- 9 Protect me from the snare which they have laid for me \*  
and from the traps of the evildoers.
- 10 Let the wicked fall into their own nets, \*  
while I myself escape.

**142** *Voce mea ad Dominum*

- 1 I cry to the LORD with my voice; \*  
to the LORD I make loud supplication.
- 2 I pour out my complaint before him \*  
and tell him all my trouble.
- 3 When my spirit languishes within me, you know my path; \*  
in the way wherein I walk they have hidden a trap for  
me.

- 4 I look to my right hand and find no one who knows me; \*  
I have no place to flee to, and no one cares for me.
- 5 I cry out to you, O LORD; \*  
I say, "You are my refuge,  
my portion in the land of the living."
- 6 Listen to my cry for help, for I have been brought very  
low; \*  
save me from those who pursue me,  
for they are too strong for me.
- 7 Bring me out of prison, that I may give thanks to your  
Name; \*  
when you have dealt bountifully with me,  
the righteous will gather around me.

**143** *Domine, exaudi*

- 1 LORD, hear my prayer,  
and in your faithfulness heed my supplications; \*  
answer me in your righteousness.
- 2 Enter not into judgment with your servant, \*  
for in your sight shall no one living be justified.
- 3 For my enemy has sought my life;  
he has crushed me to the ground; \*  
he has made me live in dark places like those who are  
long dead.
- 4 My spirit faints within me; \*  
my heart within me is desolate.
- 5 I remember the time past;  
I muse upon all your deeds; \*  
I consider the works of your hands.
- 6 I spread out my hands to you; \*  
my soul gasps to you like a thirsty land.

- 7 O LORD, make haste to answer me; my spirit fails me; \*  
do not hide your face from me  
or I shall be like those who go down to the Pit.
- 8 Let me hear of your loving-kindness in the morning,  
for I put my trust in you; \*  
show me the road that I must walk,  
for I lift up my soul to you.
- 9 Deliver me from my enemies, O LORD, \*  
for I flee to you for refuge.
- 10 Teach me to do what pleases you, for you are my God; \*  
let your good Spirit lead me on level ground.
- 11 Revive me, O LORD, for your Name's sake; \*  
for your righteousness' sake, bring me out of trouble.
- 12 Of your goodness, destroy my enemies  
and bring all my foes to naught, \*  
for truly I am your servant.

*Thirtieth Day: Morning Prayer*

**144** *Benedictus Dominus*

- 1 Blessed be the LORD my rock! \*  
who trains my hands to fight and my fingers to battle;
- 2 My help and my fortress, my stronghold and my  
deliverer, \*  
my shield in whom I trust,  
who subdues the peoples under me.
- 3 O LORD, what are we that you should care for us? \*  
mere mortals that you should think of us?
- 4 We are like a puff of wind; \*  
our days are like a passing shadow.

- 5 Bow your heavens, O LORD, and come down; \*  
touch the mountains, and they shall smoke.
- 6 Hurl the lightning and scatter them; \*  
shoot out your arrows and rout them.
- 7 Stretch out your hand from on high; \*  
rescue me and deliver me from the great waters,  
from the hand of foreign peoples,
- 8 Whose mouths speak deceitfully \*  
and whose right hand is raised in falsehood.
- 9 O God, I will sing to you a new song; \*  
I will play to you on a ten-stringed lyre.
- 10 You give victory to kings \*  
and have rescued David your servant.
- 11 Rescue me from the hurtful sword \*  
and deliver me from the hand of foreign peoples,
- 12 Whose mouths speak deceitfully \*  
and whose right hand is raised in falsehood.
- 13 May our sons be like plants well nurtured from their  
youth, \*  
and our daughters like sculptured corners of a palace.
- 14 May our barns be filled to overflowing with all manner of  
crops; \*  
may the flocks in our pastures increase by thousands  
and tens of thousands;  
may our cattle be fat and sleek.
- 15 May there be no breaching of the walls, no going into  
exile, \*  
no wailing in the public squares.
- 16 Happy are the people of whom this is so! \*  
happy are the people whose God is the LORD!

145 *Exaltabo te, Deus*

- 1 I will exalt you, O God my King, \*  
and bless your Name for ever and ever.
- 2 Every day will I bless you \*  
and praise your Name for ever and ever.
- 3 Great is the LORD and greatly to be praised; \*  
there is no end to his greatness.
- 4 One generation shall praise your works to another \*  
and shall declare your power.
- 5 I will ponder the glorious splendor of your majesty \*  
and all your marvelous works.
- 6 They shall speak of the might of your wondrous acts, \*  
and I will tell of your greatness.
- 7 They shall publish the remembrance of your great  
goodness; \*  
they shall sing of your righteous deeds.
- 8 The LORD is gracious and full of compassion, \*  
slow to anger and of great kindness.
- 9 The LORD is loving to everyone \*  
and his compassion is over all his works.
- 10 All your works praise you, O LORD, \*  
and your faithful servants bless you.
- 11 They make known the glory of your kingdom \*  
and speak of your power;
- 12 That the peoples may know of your power \*  
and the glorious splendor of your kingdom.
- 13 Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.

- 14 The LORD is faithful in all his words \*  
and merciful in all his deeds.
- 15 The LORD upholds all those who fall; \*  
he lifts up those who are bowed down.
- 16 The eyes of all wait upon you, O LORD, \*  
and you give them their food in due season.
- 17 You open wide your hand \*  
and satisfy the needs of every living creature.
- 18 The LORD is righteous in all his ways \*  
and loving in all his works.
- 19 The LORD is near to those who call upon him, \*  
to all who call upon him faithfully.
- 20 He fulfills the desire of those who fear him; \*  
he hears their cry and helps them.
- 21 The LORD preserves all those who love him, \*  
but he destroys all the wicked.
- 22 My mouth shall speak the praise of the LORD; \*  
let all flesh bless his holy Name for ever and ever.

**146** *Lauda, anima mea*

- 1 Hallelujah! Praise the LORD, O my soul! \*  
I will praise the LORD as long as I live;  
I will sing praises to my God while I have my being.
- 2 Put not your trust in rulers, nor in any child of earth, \*  
for there is no help in them.
- 3 When they breathe their last, they return to earth, \*  
and in that day their thoughts perish.
- 4 Happy are they who have the God of Jacob for their  
help! \*  
whose hope is in the LORD their God;

- 5 Who made heaven and earth, the seas, and all that is in  
them; \*  
who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed, \*  
and food to those who hunger.
- 7 The LORD sets the prisoners free;  
the LORD opens the eyes of the blind; \*  
the LORD lifts up those who are bowed down;
- 8 The LORD loves the righteous;  
the LORD cares for the stranger; \*  
he sustains the orphan and widow,  
but frustrates the way of the wicked.
- 9 The LORD shall reign for ever, \*  
your God, O Zion, throughout all generations.  
Hallelujah!

*Thirtieth Day: Evening Prayer*

**147** *Laudate Dominum*

- 1 Hallelujah!  
How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!
- 2 The LORD rebuilds Jerusalem; \*  
he gathers the exiles of Israel.
- 3 He heals the brokenhearted \*  
and binds up their wounds.
- 4 He counts the number of the stars \*  
and calls them all by their names.
- 5 Great is our LORD and mighty in power; \*  
there is no limit to his wisdom.

- 6 The LORD lifts up the lowly, \*  
but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; \*  
make music to our God upon the harp.
- 8 He covers the heavens with clouds \*  
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains \*  
and green plants to serve mankind.
- 10 He provides food for flocks and herds \*  
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;
- 12 But the LORD has pleasure in those who fear him, \*  
in those who await his gracious favor.
- 13 Worship the LORD, O Jerusalem; \*  
praise your God, O Zion;
- 14 For he has strengthened the bars of your gates; \*  
he has blessed your children within you.
- 15 He has established peace on your borders; \*  
he satisfies you with the finest wheat.
- 16 He sends out his command to the earth, \*  
and his word runs very swiftly.
- 17 He gives snow like wool; \*  
he scatters hoarfrost like ashes.
- 18 He scatters his hail like bread crumbs; \*  
who can stand against his cold?
- 19 He sends forth his word and melts them; \*  
he blows with his wind, and the waters flow.

- 20 He declares his word to Jacob, \*  
his statutes and his judgments to Israel.
- 21 He has not done so to any other nation; \*  
to them he has not revealed his judgments.  
Hallelujah!

148 *Laudate Dominum*

- 1 Hallelujah!  
Praise the LORD from the heavens; \*  
praise him in the heights.
- 2 Praise him, all you angels of his; \*  
praise him, all his host.
- 3 Praise him, sun and moon; \*  
praise him, all you shining stars.
- 4 Praise him, heaven of heavens, \*  
and you waters above the heavens.
- 5 Let them praise the Name of the LORD; \*  
for he commanded, and they were created.
- 6 He made them stand fast for ever and ever; \*  
he gave them a law which shall not pass away.
- 7 Praise the LORD from the earth, \*  
you sea-monsters and all deeps;
- 8 Fire and hail, snow and fog, \*  
tempestuous wind, doing his will;
- 9 Mountains and all hills, \*  
fruit trees and all cedars;
- 10 Wild beasts and all cattle, \*  
creeping things and winged birds;

- 11 Kings of the earth and all peoples, \*  
princes and all rulers of the world;
- 12 Young men and maidens, \*  
old and young together.
- 13 Let them praise the Name of the LORD, \*  
for his Name only is exalted,  
his splendor is over earth and heaven.
- 14 He has raised up strength for his people  
and praise for all his loyal servants, \*  
the children of Israel, a people who are near him.  
Hallelujah!

#### 149 *Cantate Domino*

- 1 Hallelujah!  
Sing to the LORD a new song; \*  
sing his praise in the congregation of the faithful.
- 2 Let Israel rejoice in his Maker; \*  
let the children of Zion be joyful in their King.
- 3 Let them praise his Name in the dance; \*  
let them sing praise to him with timbrel and harp.
- 4 For the LORD takes pleasure in his people \*  
and adorns the poor with victory.
- 5 Let the faithful rejoice in triumph; \*  
let them be joyful on their beds.
- 6 Let the praises of God be in their throat \*  
and a two-edged sword in their hand;
- 7 To wreak vengeance on the nations \*  
and punishment on the peoples;

- 8 To bind their kings in chains \*  
and their nobles with links of iron;
- 9 To inflict on them the judgment decreed; \*  
this is glory for all his faithful people.  
Hallelujah!

**150** *Laudate Dominum*

- 1 Hallelujah!  
Praise God in his holy temple; \*  
praise him in the firmament of his power.
- 2 Praise him for his mighty acts; \*  
praise him for his excellent greatness.
- 3 Praise him with the blast of the ram's-horn; \*  
praise him with lyre and harp.
- 4 Praise him with timbrel and dance; \*  
praise him with strings and pipe.
- 5 Praise him with resounding cymbals; \*  
praise him with loud-clanging cymbals.
- 6 Let everything that has breath \*  
praise the LORD.  
Hallelujah!



